



CLINIQUE

# Pasteur

TOULOUSE



# Prise en charge interventionnelle de l'hypertension

B.Honton

Clinique Pasteur

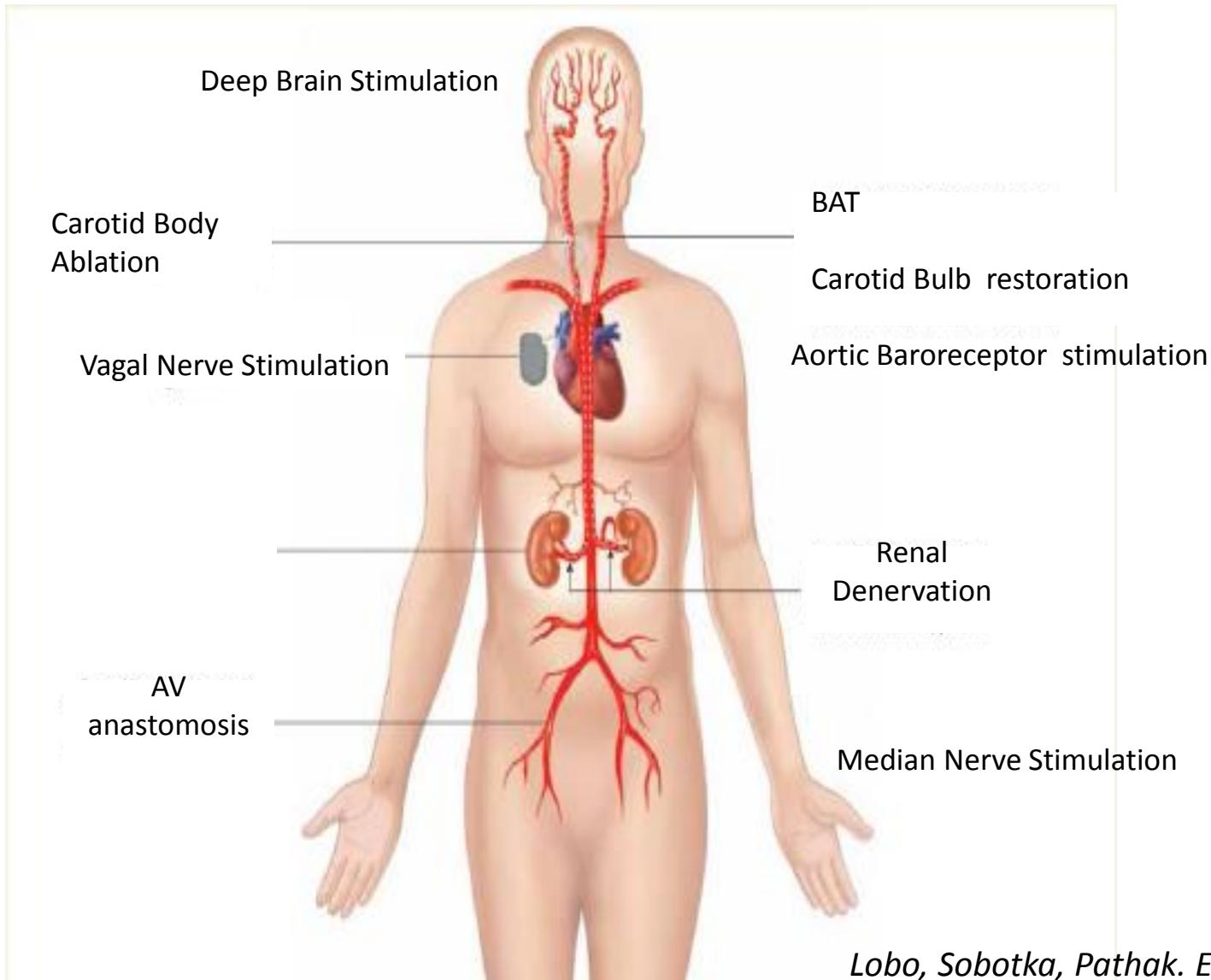
Toulouse

# DÉCLARATION DE LIENS D'INTÉRÊT AVEC LA PRÉSENTATION

**Intervenant : Benjamin HONTON, Toulouse**

- Je n'ai pas de lien d'intérêt à déclarer

# Cible des « Device Based Therapy »



Lobo, Sobotka, Pathak. EHJ 2016

# Dénervation Rénale

# Current trials for RDN device-based therapies in patients with hypertension

Randomized, sham-controlled, feasibility;  
Not powered



OFF - n=100  
ON - n=100

Randomized, sham-controlled;  
Powered for ABP daytime difference of 6 mmHg



SOLO - n=146  
ON - n=146

Randomized, sham-controlled, feasibility;  
Not powered

## REDUCE-HTN: REINFORCE Study

OFF - n=100

Randomized, sham-controlled, feasibility;  
Not powered



OFF - n=100

Negotiations with FDA ongoing  
Probably 1st pivotal, powered for ABP

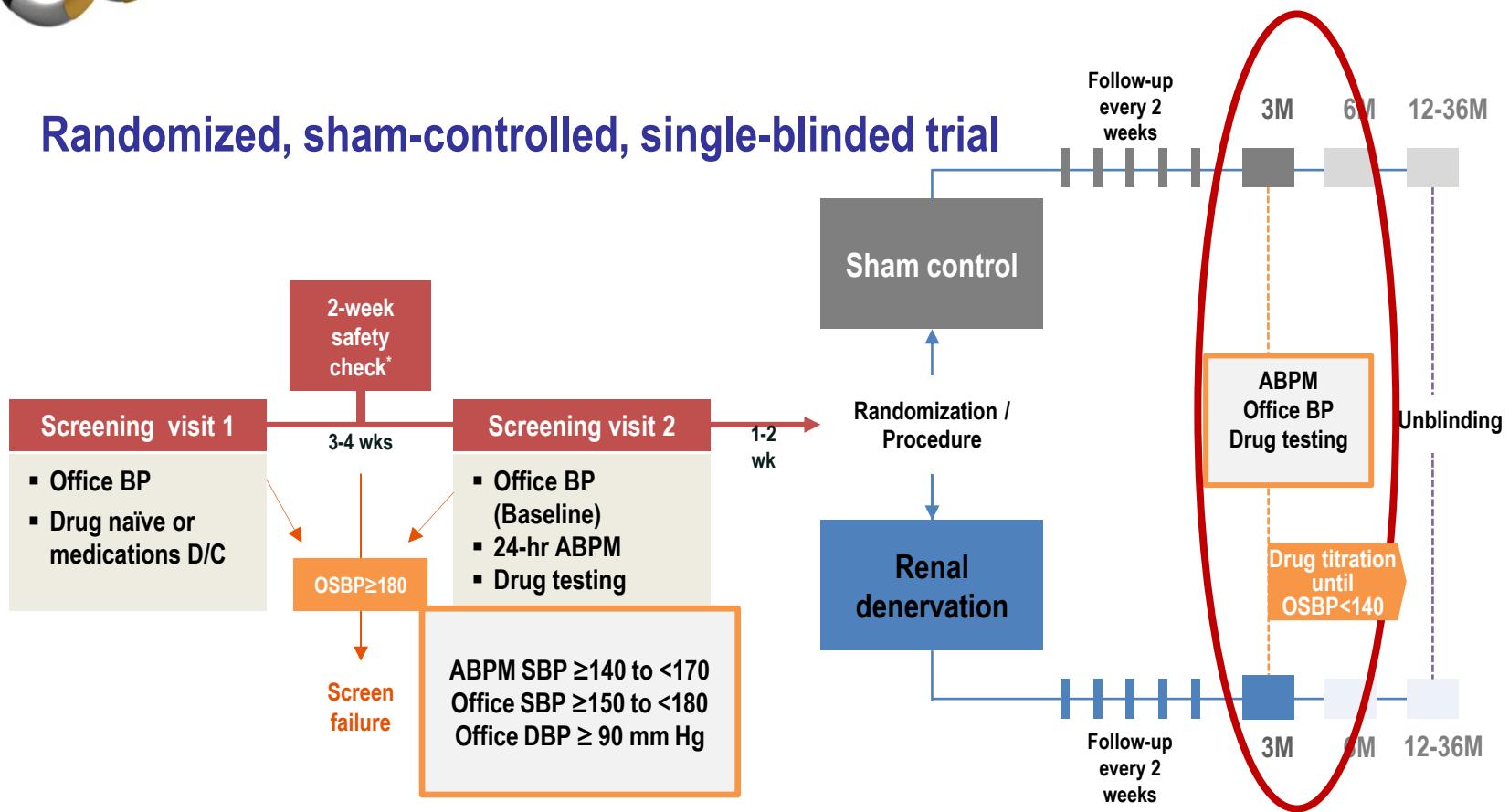


FIX - n=??? (>500)



# SPYRAL HTN – OFF MED: Study Design

Randomized, sham-controlled, single-blinded trial



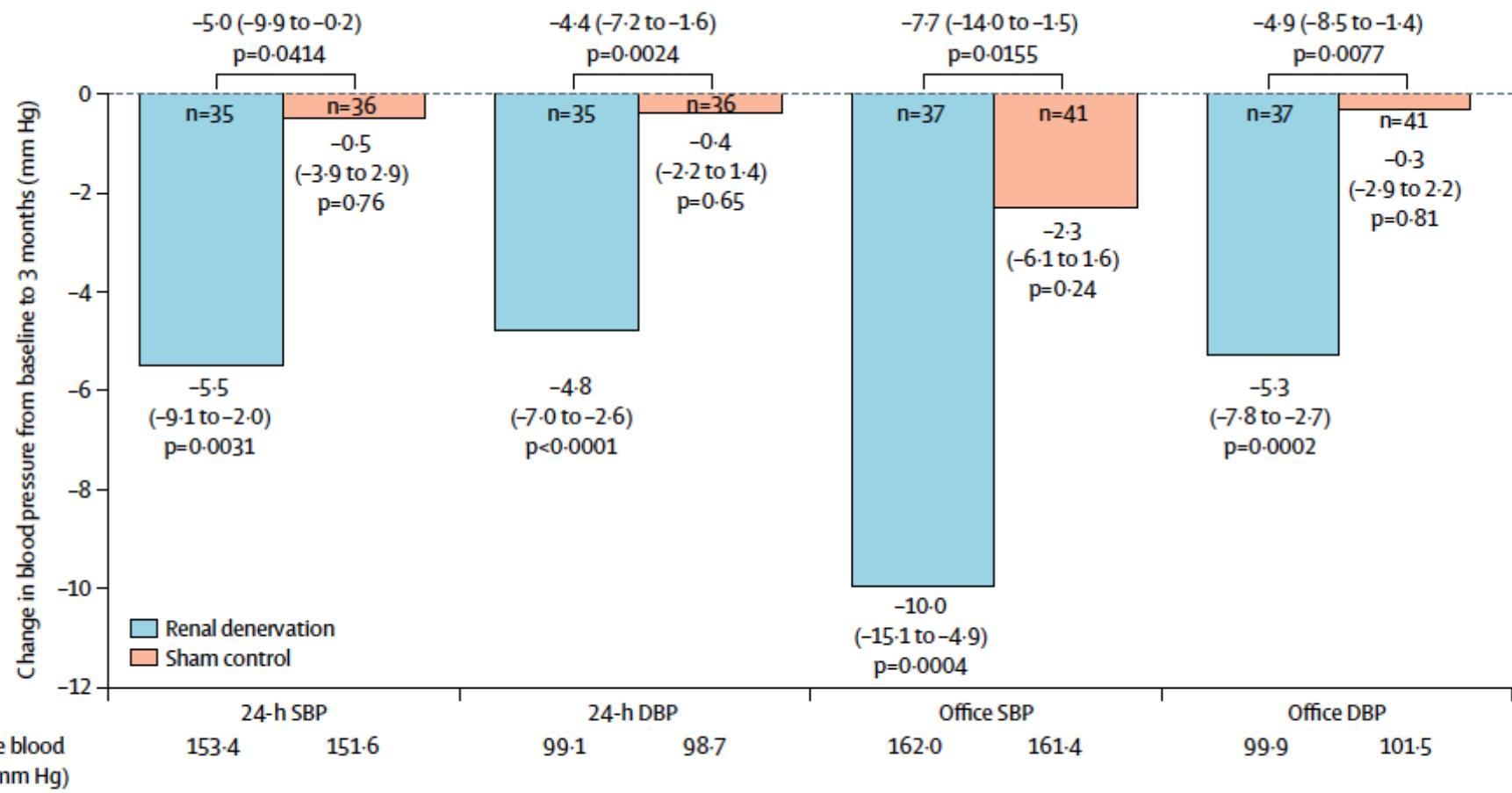
Interim analyses were planned after 40, 60, 80, and 100 patients

Kandzari D, et al. Am Heart J. 2016;171:82-91.

# SPYRAL HTN – OFF MED: Baseline Characteristics

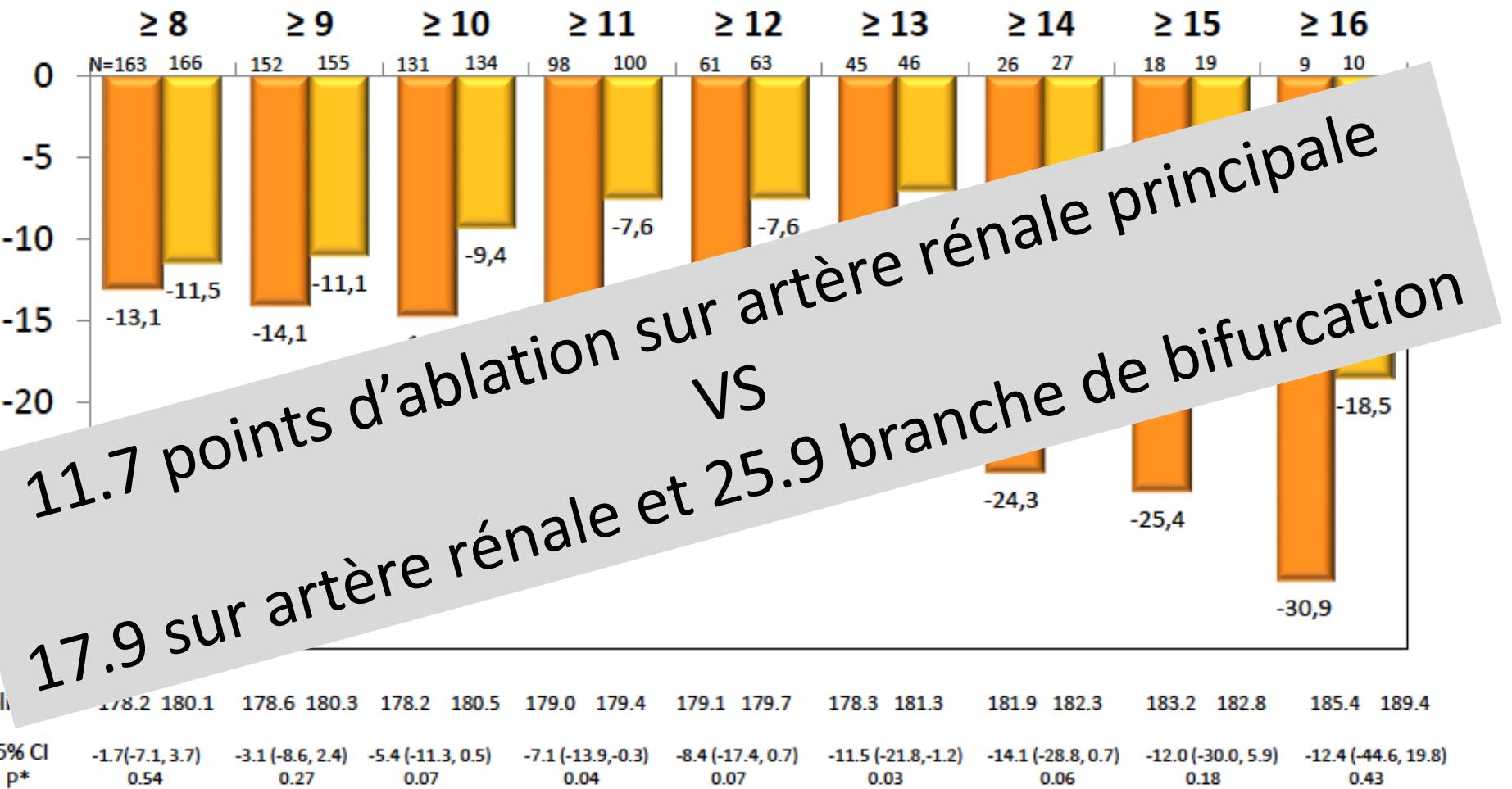
	RDN (N = 38)	Sham Control (N = 42)
Age (years)	$55.8 \pm 10.1$	$52.8 \pm 11.5$
Male	68.4% (26/38)	73.8% (31/42)
BMI (kg/m <sup>2</sup> )	$29.8 \pm 5.1$	$30.2 \pm 5.1$
Diabetes (type 2)	2.6% (1/38)	7.1% (3/42)
Current smoker	10.5% (4/38)	23.8% (10/42)
Coronary artery disease <sup>†</sup>	0% (0/38)	7.1% (3/42)
Stroke and TIA <sup>†</sup>	2.6% (1/38)	0% (0/42)
MI/ ACS <sup>†</sup>	0% (0/38)	2.4% (1/42)
Office SBP (mm Hg)	$162.0 \pm 7.6$	$161.4 \pm 6.4$
Office DBP (mm Hg)	$99.9 \pm 6.8$	$101.5 \pm 7.5$
Mean 24-hour SBP (mm Hg)	$153.4 \pm 9.0$	$151.6 \pm 7.4$
Mean 24-hour DBP (mm Hg)	$99.1 \pm 7.7$	$98.7 \pm 8.2$

# 24h - ambulatory BP Change from Baseline to 3 Months



**Figure 3: Changes at 3 months in office and ambulatory SBP and DBP for renal denervation and sham control groups**  
95% CIs and unadjusted p values shown. SBP=systolic blood pressure. DBP=diastolic blood pressure.

# SYMPPLICITY 3



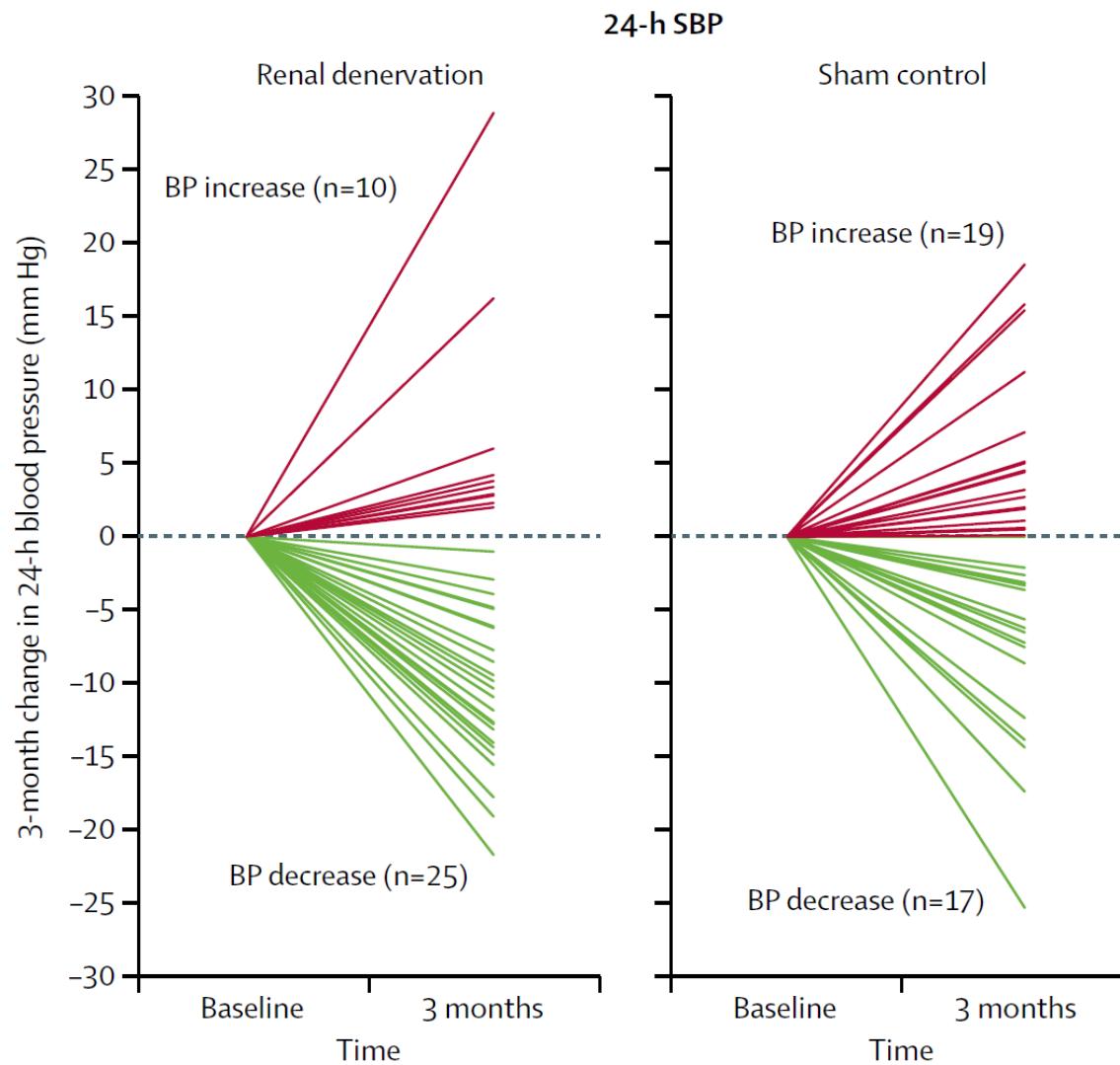
Baseline	178.2	180.1	178.6	180.3	178.2	180.5	179.0	179.4	179.1	179.7	178.3	181.3	181.9	182.3	183.2	182.8	185.4	189.4
95% CI	-1.7 (-7.1, 3.7)	-3.1 (-8.6, 2.4)	-5.4 (-11.3, 0.5)	-7.1 (-13.9, -0.3)	-8.4 (-17.4, 0.7)	-11.5 (-21.8, -1.2)	-14.1 (-28.8, 0.7)	-12.0 (-30.0, 5.9)	-12.4 (-44.6, 19.8)									
P*	0.54	0.27	0.07	0.04	0.07	0.03	0.06	0.18	0.43									

Propensity scores using baseline characteristics as covariates were used to match sham control and denervation patients

\*P value change in SBP for RDN compared with sham

Data presented are mean (SD)

# Large between-patient variability in the ABP response to RDN and sham procedure



## SPYRAL HTN – OFF MED: Conclusion

- Biologic proof of principle for the short-term BP lowering effect of efficacy of RF catheter based-renal denervation in mild to moderate hypertensive patients off-antihypertensive medications
- No major safety events at 3 months
  - Despite a more complete denervation procedure that extended into renal artery branch vessels
- The results of this feasibility study is used to design of a larger pivotal trial

# Effect of renal denervation on blood pressure in the presence of antihypertensive drugs: 6-month efficacy and safety results from the SPYRAL HTN-ON MED proof-of-concept randomised trial

## Key inclusion criteria

- Moderate hypertension
  - SOPB : 150 – 170 mmhg AND DOBP >90 mmhg
  - SYSTOLIC DAY TIME ABPM : 140-170 mmhg
- 1-3 commonly used antihypertensive drugs
  - Toxicological analyses

# SPYRAL HTN – ON MED: Baseline

	Renal denervation (N=38)	Sham procedure (N=42)
Age (years)	53.9 (8.7)	53.0 (10.7)
Male	33 (87%)	34 (81%)
BMI (kg/m <sup>2</sup> )	31.4 (6.4)	32.5 (4.6)
Race		
White	13 (34%)	15 (36%)
Black or African American	4 (11%)	5 (12%)
Asian	0	1 (2%)
Not reportable per local laws or regulations	18 (47%)	20 (48%)
Diabetes (all type 2)	5 (13%)	8 (19%)
Current smoker	8 (21%)	11 (26%)
Obstructive sleep apnoea	2 (5%)	10 (24%)
Peripheral artery disease	0	0
Coronary artery disease*	1 (3%)	1 (2%)
Stroke and transient ischaemic attack*	0	1 (2%)
Myocardial infarction or acute coronary syndrome	0	0
Office SBP (mm Hg)	164.6 (7.1)	163.5 (7.5)
Office DBP (mm Hg)	99.6 (6.9)	102.7 (8.0)
Mean 24 h SBP (mm Hg)	152.1 (7.0)	151.3 (6.8)
Mean 24 h DBP (mm Hg)	97.2 (6.9)	97.9 (8.4)
Office heart rate (bpm)	75.6 (11.8)	73.5 (10.4)
24 h heart rate (bpm)	75.3 (11.3)	75.6 (10.7)
Mean number of antihypertensive drug classes	2.2 (0.9)	2.3 (0.8)
Median number of antihypertensive drug classes	3.0 (1.0–3.0)	3.0 (1.0–3.0)
Prescribed drug classes		
1	11 (29%)	9 (21%)
2	7 (18%)	11 (26%)
3	20 (53%)	22 (52%)
Drug class		
Diuretic	22 (58%)	25 (60%)
Calcium channel blocker	27 (71%)	31 (74%)
ACE-I/ARB	31 (82%)	35 (83%)
Beta blocker	4 (11%)	6 (14%)

Kandzari D, Lancet 2018

# SPYRAL HTN – ON MED: Results

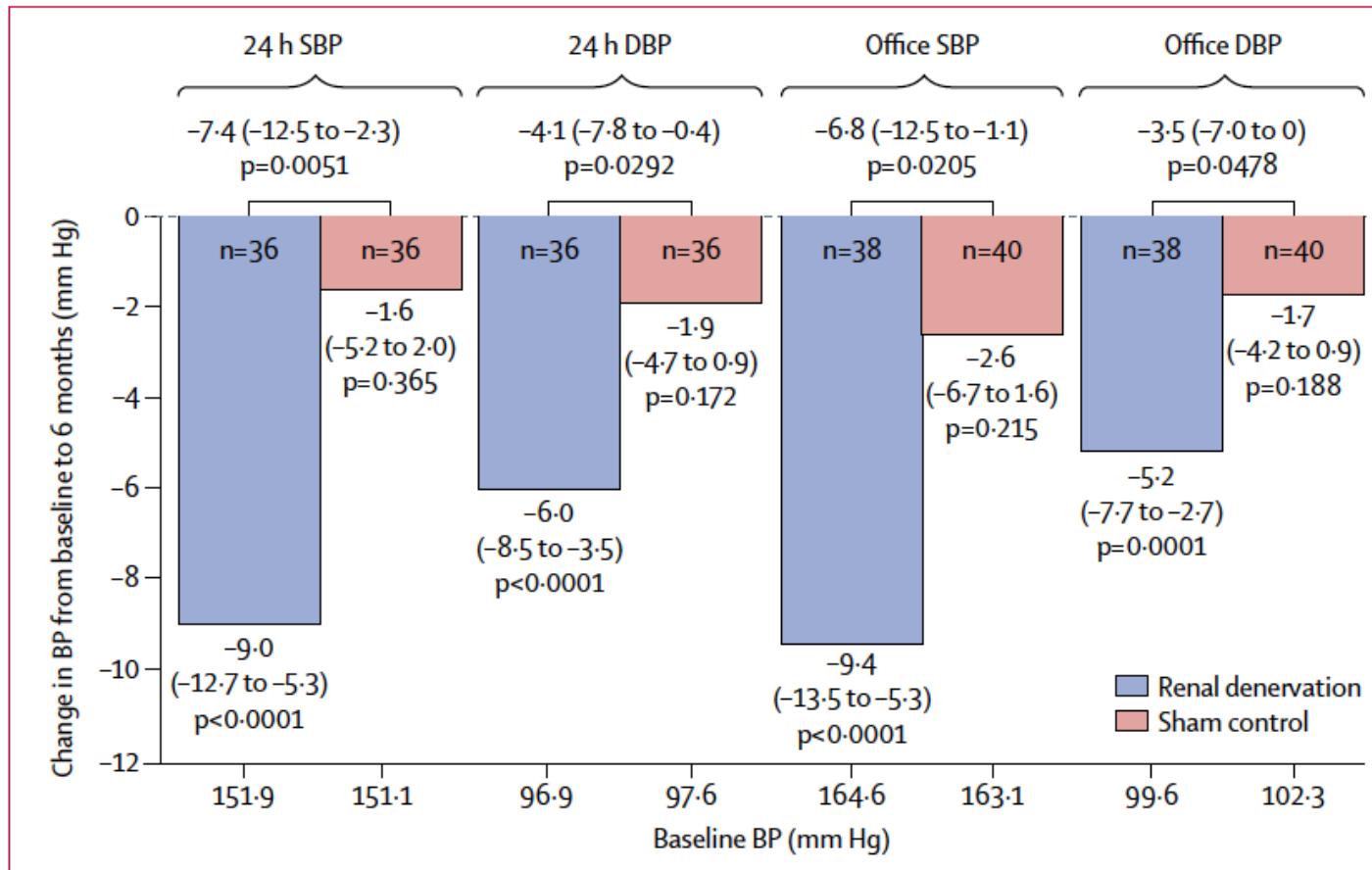


Figure 2: Change at 6 months in office and ambulatory systolic blood pressure and diastolic blood pressure for treatment and sham control patients

Data are mean (95% CI). SBP=systolic blood pressure. DBP=diastolic blood pressure.

Kandzari D, Lancet 2018

# SPYRAL HTN – ON MED: Results

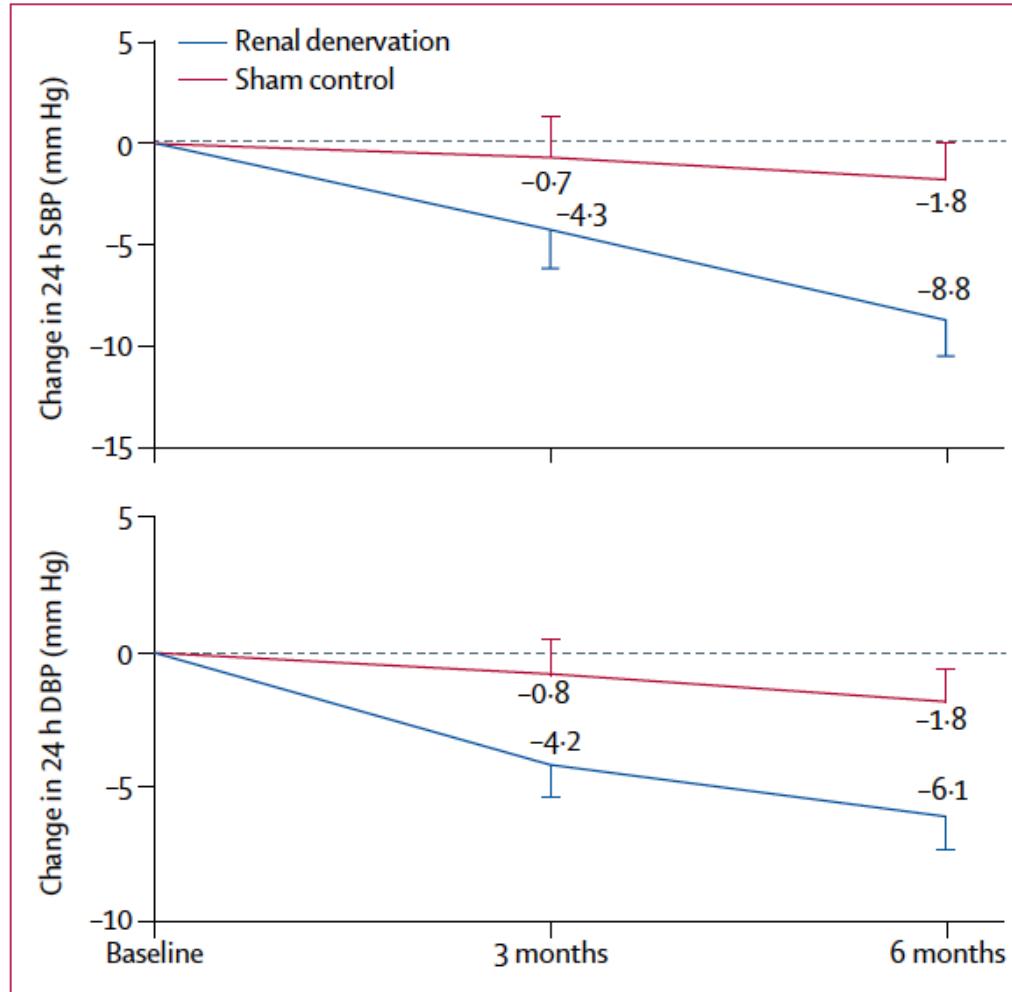
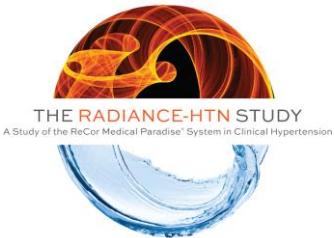


Figure 3: Mean changes in ambulatory 24 h blood pressure measurements at 3 and 6 months, adjusted for baseline values

Kandzari D, Lancet 2018



# THE LANCET

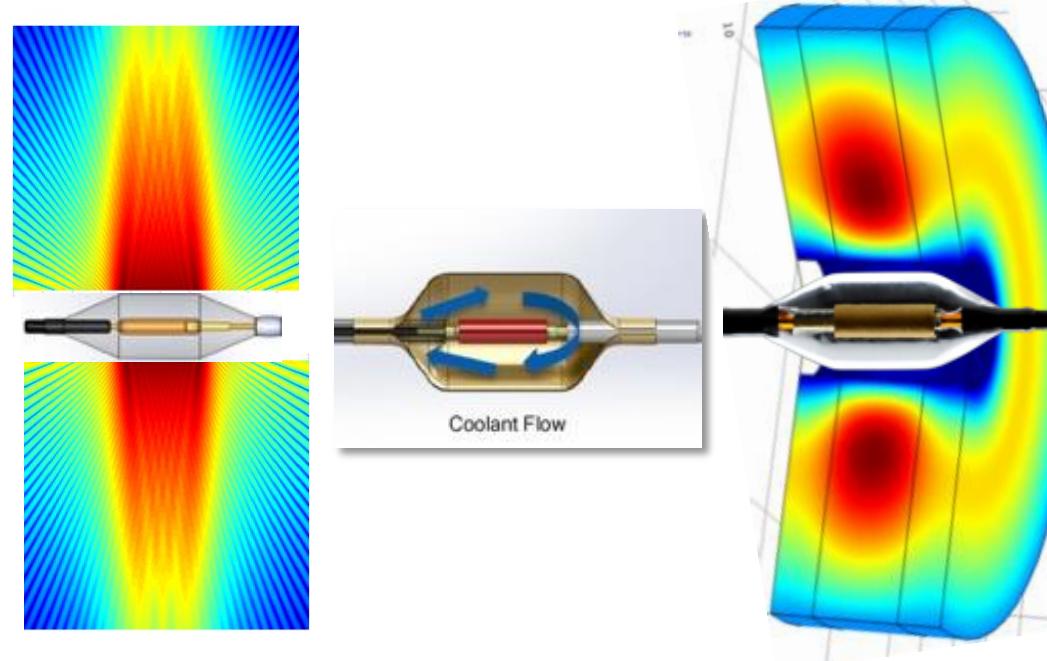
## Endovascular ultrasound renal denervation to treat hypertension (RADIANCE-HTN SOLO): a multicentre, international, single-blind, randomised, sham-controlled trial

*Michel Azizi\*, Roland E Schmieder, Felix Mahfoud, Michael A Weber, Joost Daemen, Justin Davies, Jan Basile, Ajay J Kirtane, Yale Wang, Melvin D Lobo, Manish Saxena, Lida Feyz, Florian Rader, Philipp Lurz, Jeremy Sayer, Marc Sapoval, Terry Levy, Kintur Sanghvi, Josephine Abraham, Andrew SP Sharp, Naomi DL Fisher, Michael J Bloch, Helen Reeve-Stoffer, Leslie Coleman, Christopher Mullin, Laura Mauri\*, on behalf of the RADIANCE-HTN Investigators†*

# RADIANCE-HTN SOLO

- Paradise® endovascular ultrasound ablation catheter (ReCor Medical, Palo Alto, CA, USA)
- Ring of ablative energy (depth of 1-6 mm) to interrupt renal nerve traffic
- Arterial wall protected by water circulating through balloon
- 2-3 ablations lasting 7 seconds each are delivered to each main renal artery

Ultrasonic Heating + Water Cooling → Thermal Profile



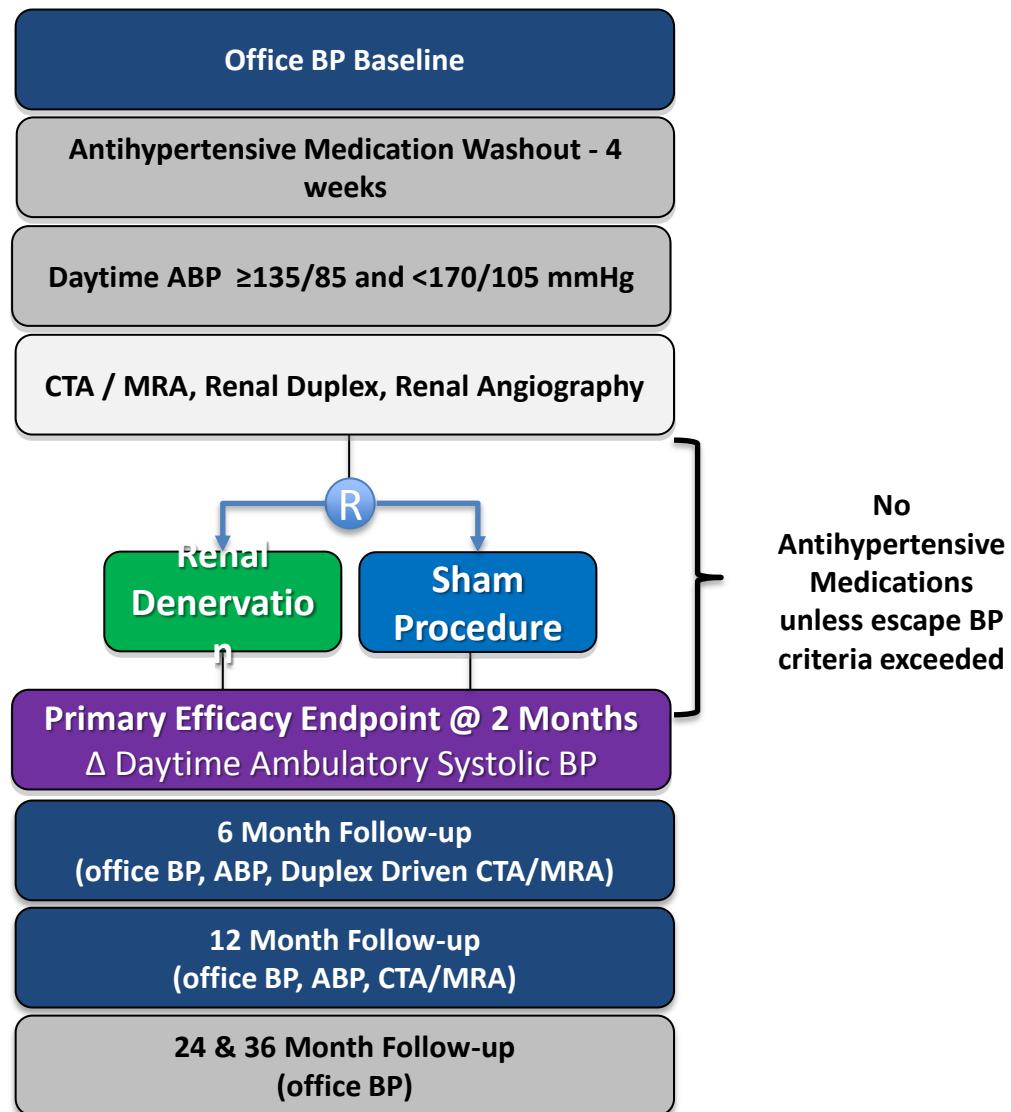
# RADIANCE-HTN SOLO - Study Design

Blinded, sham-controlled, and randomized 1:1 (N=146)

Powered to detect 6 mmHg difference in ambulatory SBP between treatment arms with 80% power

## Key Entry Criteria:

- Hypertension controlled on 1-2 anti-HTN meds or uncontrolled on 0-2 meds
- Off-medication daytime ABP  $\geq 135/85$  and  $< 170/105$  mmHg
- Age 18-75 years
- No prior cardiovascular or cerebrovascular events
- No Type I or uncontrolled Type II diabetes
- eGFR  $\geq 40\text{mL/min/m}^2$
- Eligible renal artery anatomy (bilateral diameter 4-8mm, length  $\geq 25\text{mm}$ , and no stenosis  $\geq 30\%$ )

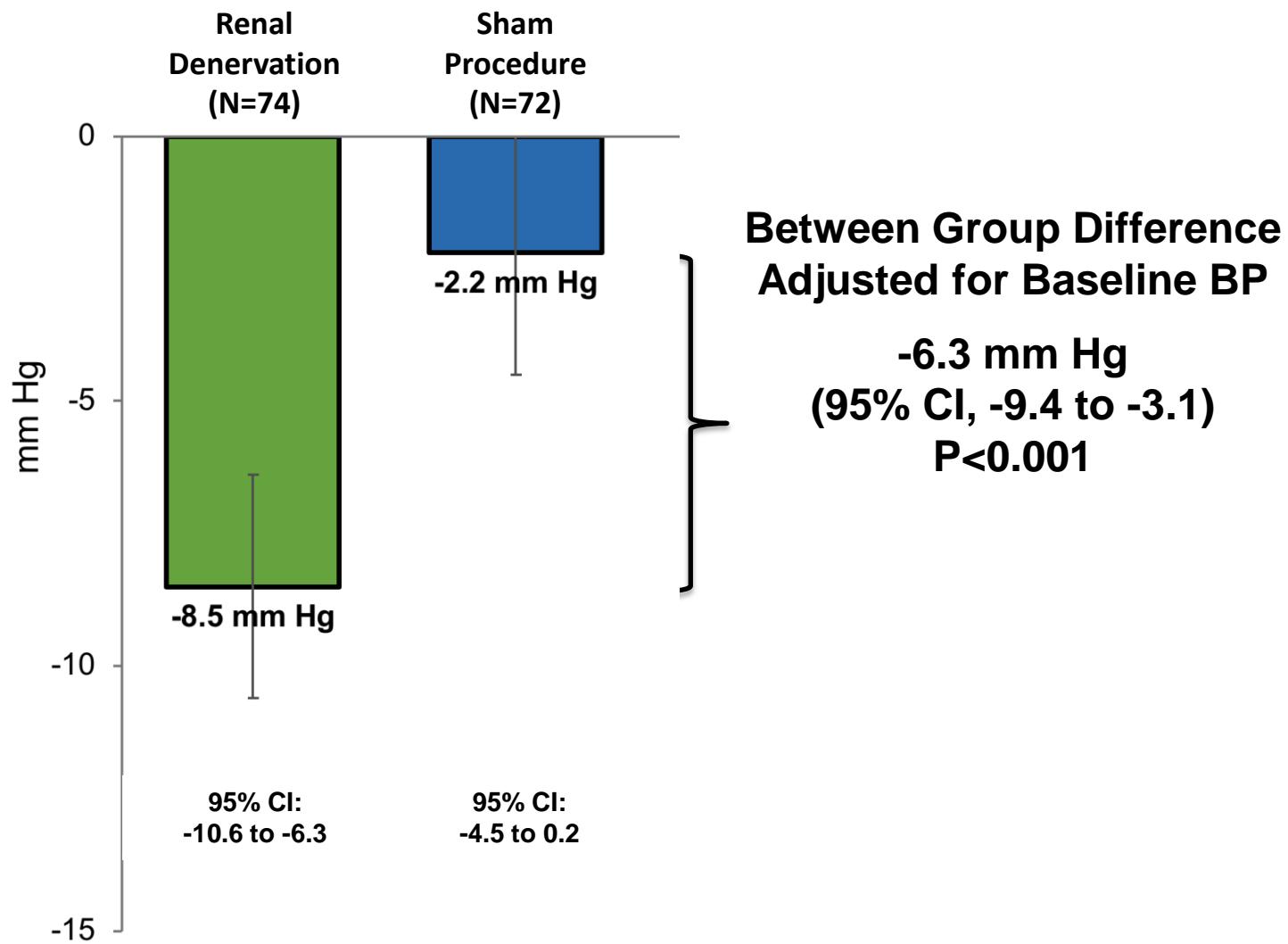


# RADIANCE-HTN SOLO – Baseline / Procedure

Baseline Blood Pressures	Renal Denervation (N=74)	Sham Procedure (N=72)
Office BP after anti-HTN med washout (mm Hg)	155/100 ± 12/8	154/99 ± 16/9
Daytime ABP after anti-HTN med washout (mm Hg)	150/93 ± 8/5	150/94 ± 10/6
24-hour ABP after anti-HTN med washout (mm Hg)	143/87 ± 8/5	144/89 ± 10/6

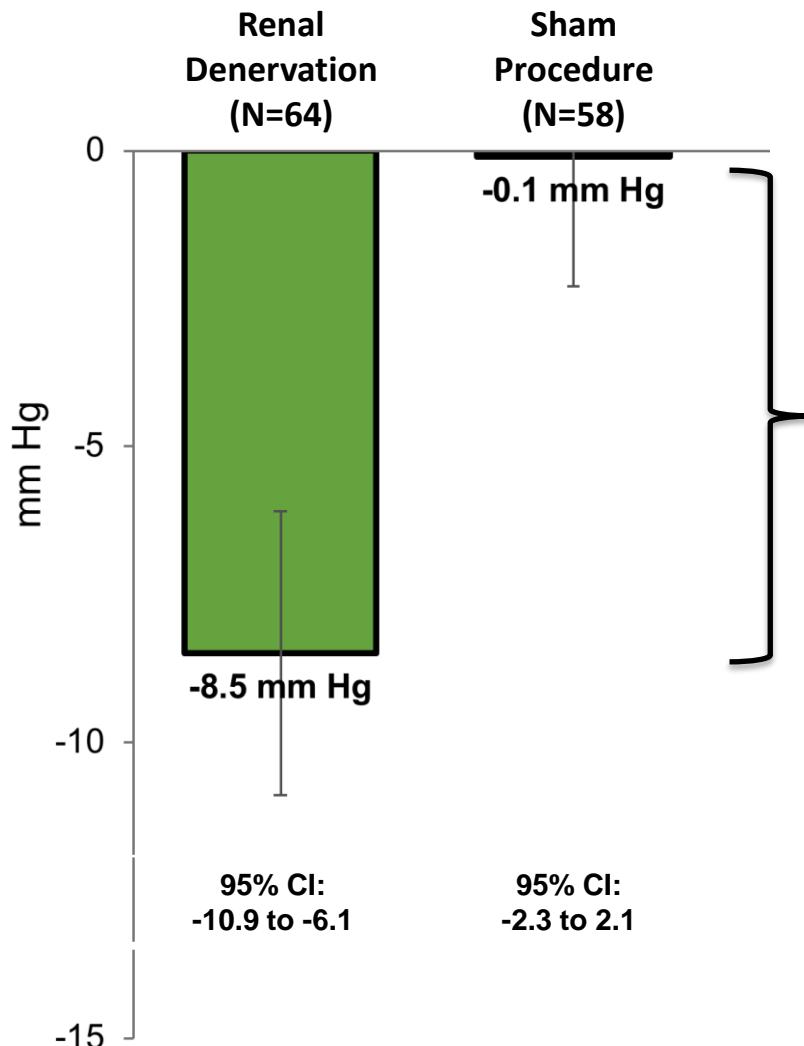
	Renal Denervation (N = 74)	Sham Procedure (N = 72)	P Value
Treatment successfully delivered (min. 2 emissions bilaterally) (%)	96%	NA	--
Total Number of Emissions (N=72)	5.4 ± 1.0	NA	--
Total Emission Time (seconds) (N=72)	38 ± 7	NA	
Procedure time (arterial sheath insertion to removal) (min)	72 ± 23	38 ± 13	<0.001
Contrast volume (cm <sup>3</sup> )	141 ± 69	79 ± 41	<0.001
Fluoroscopy exposure (min)	14 ± 7	5 ± 12	<0.001

## Primary Efficacy Endpoint (ITT): Change in Daytime Ambulatory Systolic BP at 2 Months



# Change in Daytime Ambulatory Systolic BP at 2 Months

Analyse Per-Protocol



**Between Group Difference  
Adjusted for Baseline BP**

**-8.2 mm Hg  
(95% CI, -11.5 to -5.0)  
 $p<0.001$**

## Per-Protocol Excluded:

- Patients resuming medications prior to 2 mo
- Patients not meeting entry criteria
- Renal Denervation patients with incomplete Tx
- Patients without 2-month ABP collection

## 10 Renal Denervation patients excluded

- 5 received antihypertensive meds prior to 2 mo

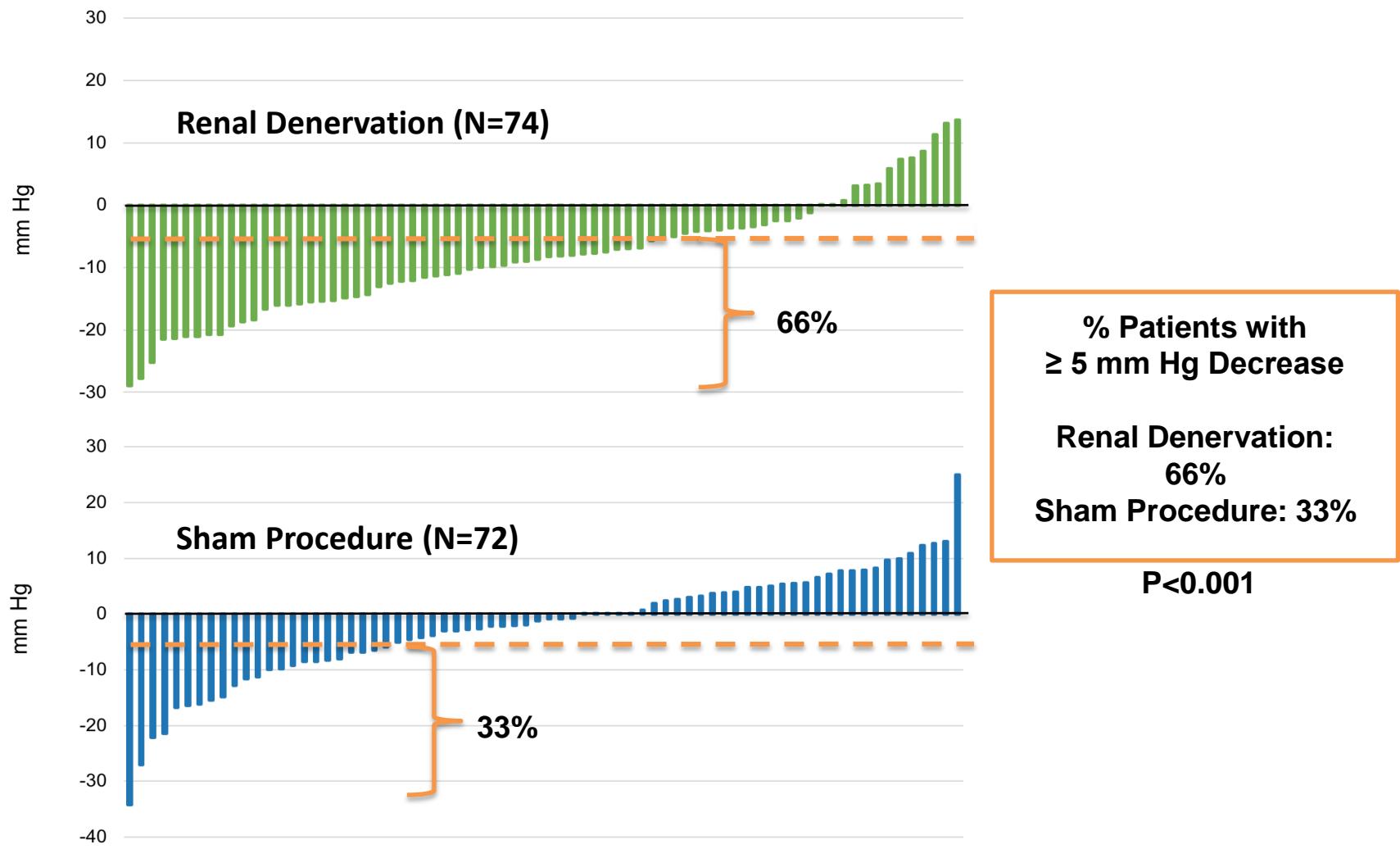
## 14 Sham Procedure patients excluded

- 13 received antihypertensive meds prior to 2 mo

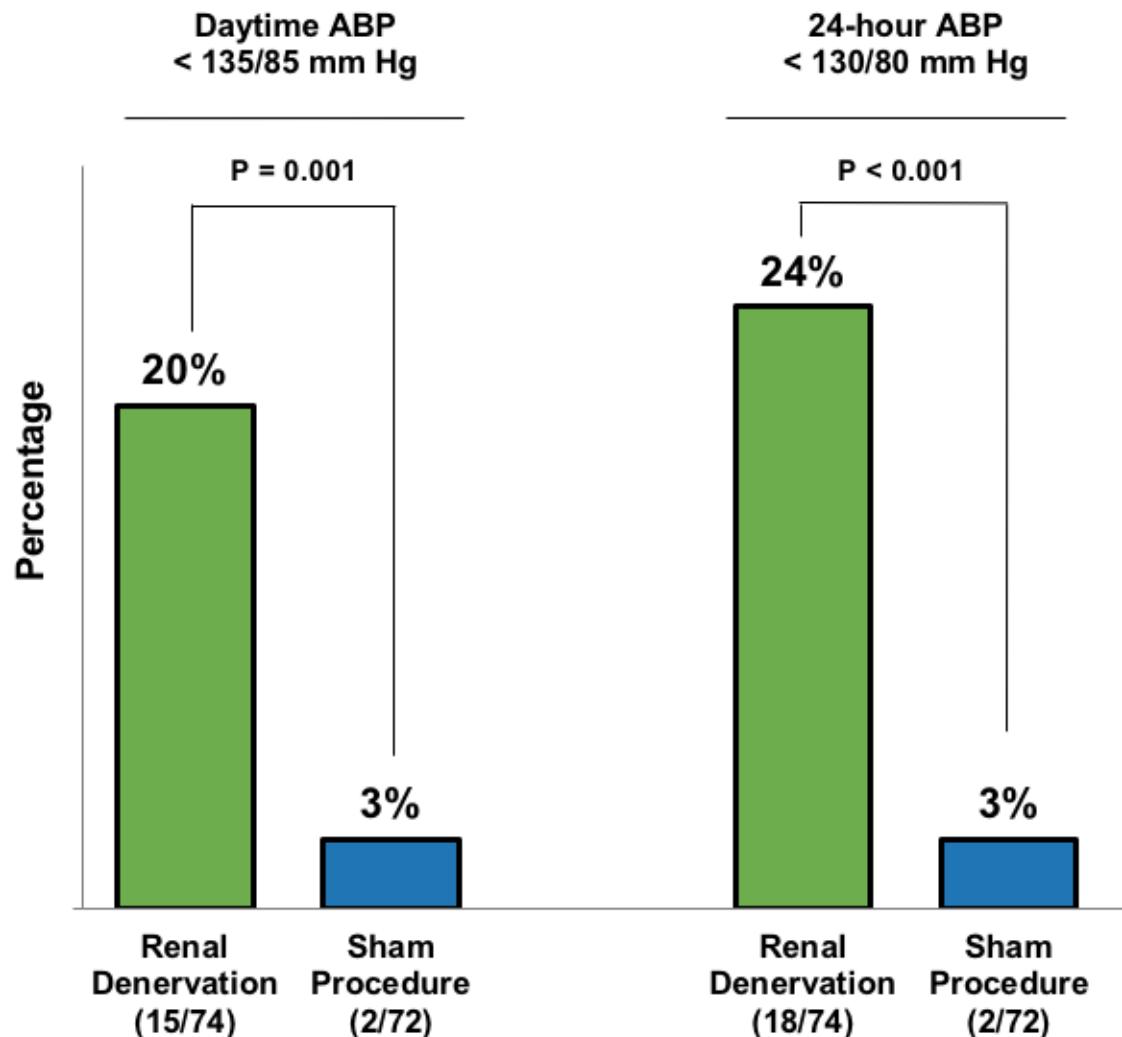
# One month Safety Event

Event	Renal Denervation (N = 74)	Sham Procedure (N = 72)
Major adverse event (%)	0%	0%
Death within 30 days	0%	0%
Acute renal failure within 30 days	0%	0%
Embolic event resulting in end-organ damage within 30 days	0%	0%
Renal artery or other vascular complication requiring intervention within 30 days	0%	0%
Hypertensive crisis within 30 days	0%	0%
New renal artery stenosis of more than 70% within 6 months <sup>†, ‡</sup>	0%	0%

## Individual Patient Response at 2 Months: Change in Daytime Ambulatory Systolic BP at 2 Months (ITT Population)

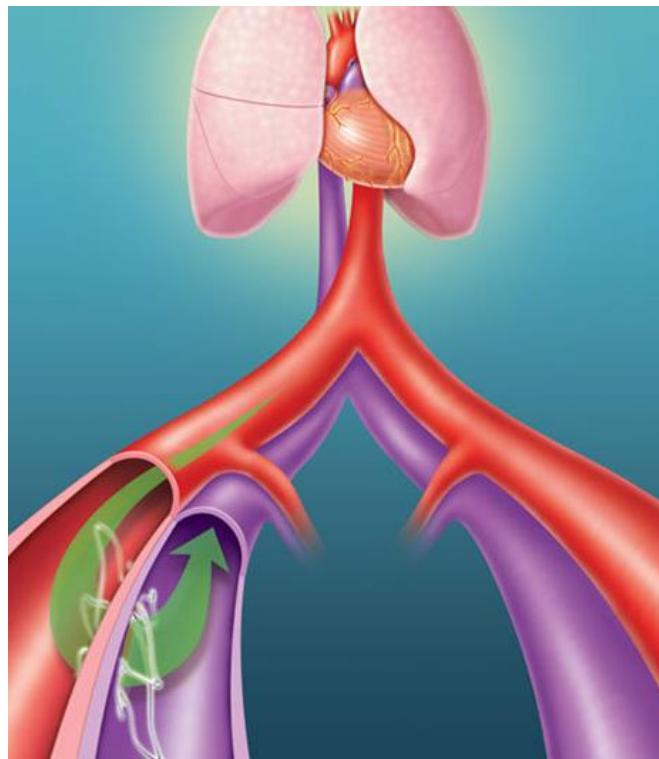


# Patients Achieving Control Without the Addition of Antihypertensive Medications



# Anastomose Artério-veineuse

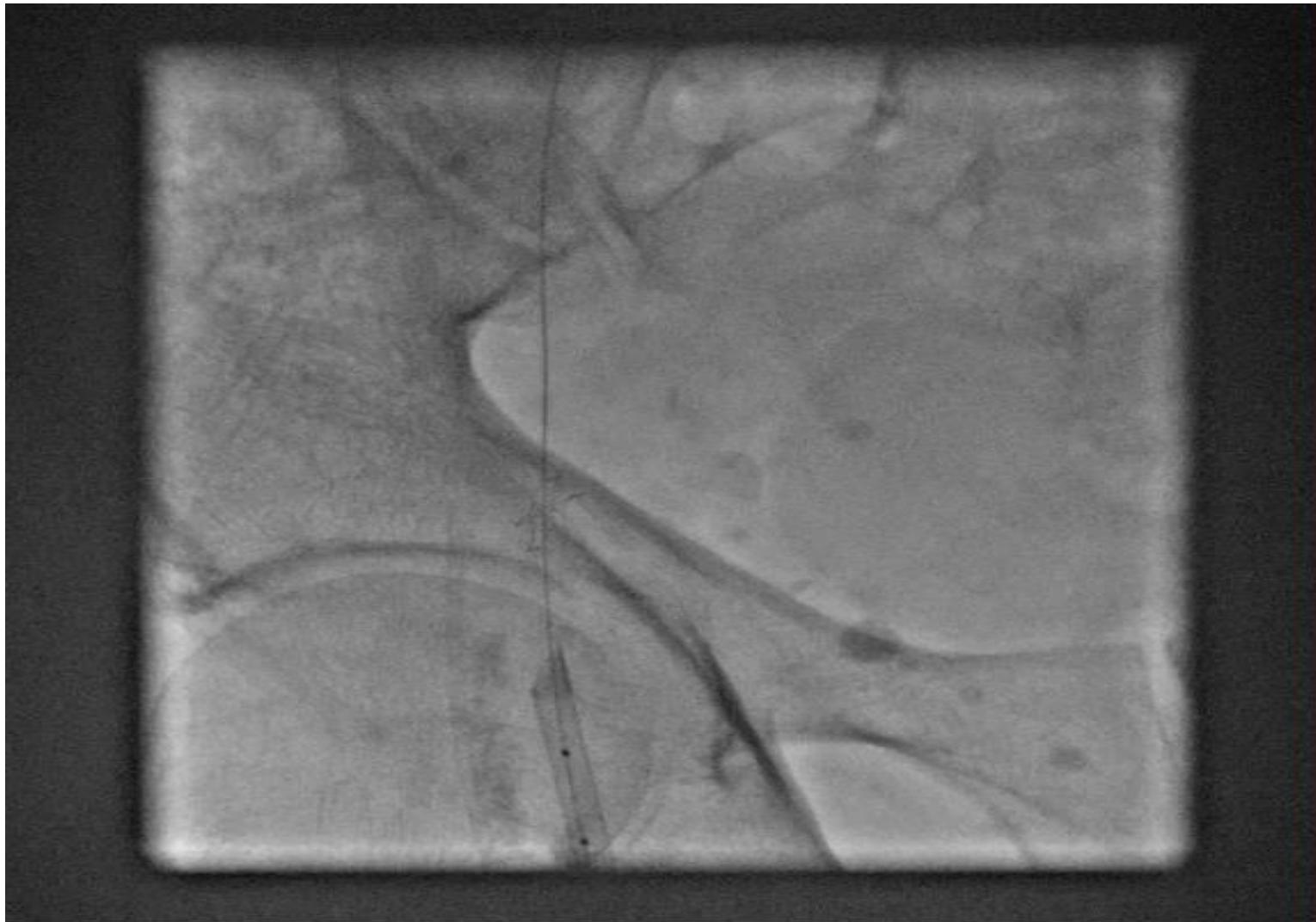
# Rox Coupler



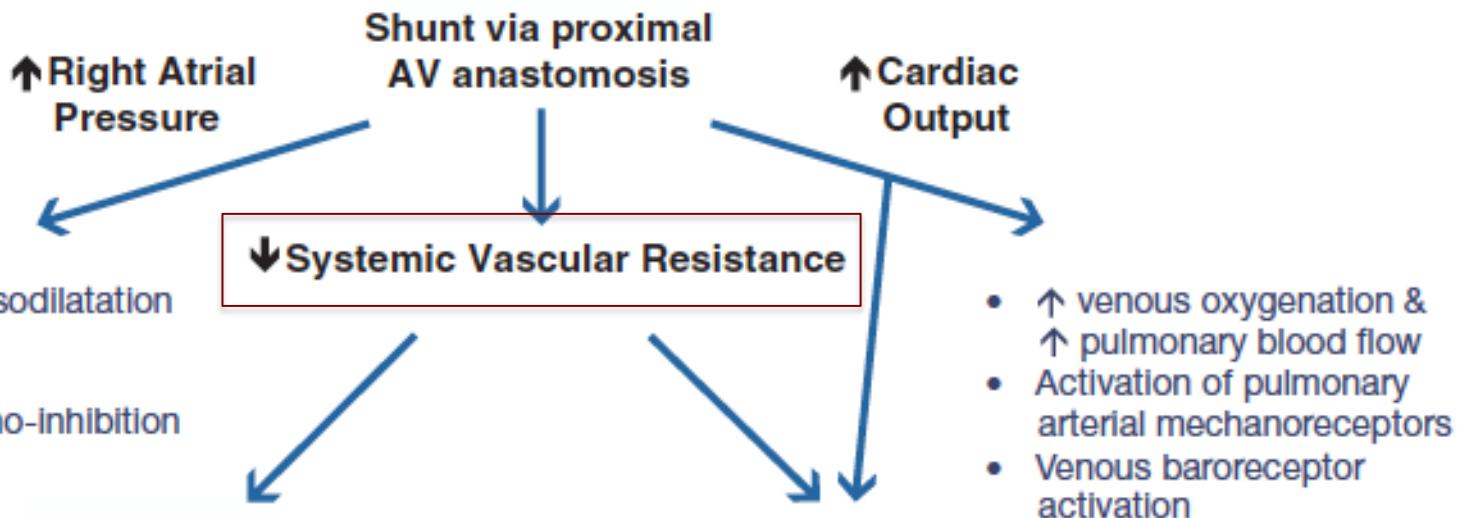
Creation of a fixed external iliac arterio-venous anastomosis with the ROX COUPLER

Self-expanding nitinol device permits a controlled shunt volume of 800 to 1000 ml/mn

# ROX Coupler – Angio Final



# Physiology

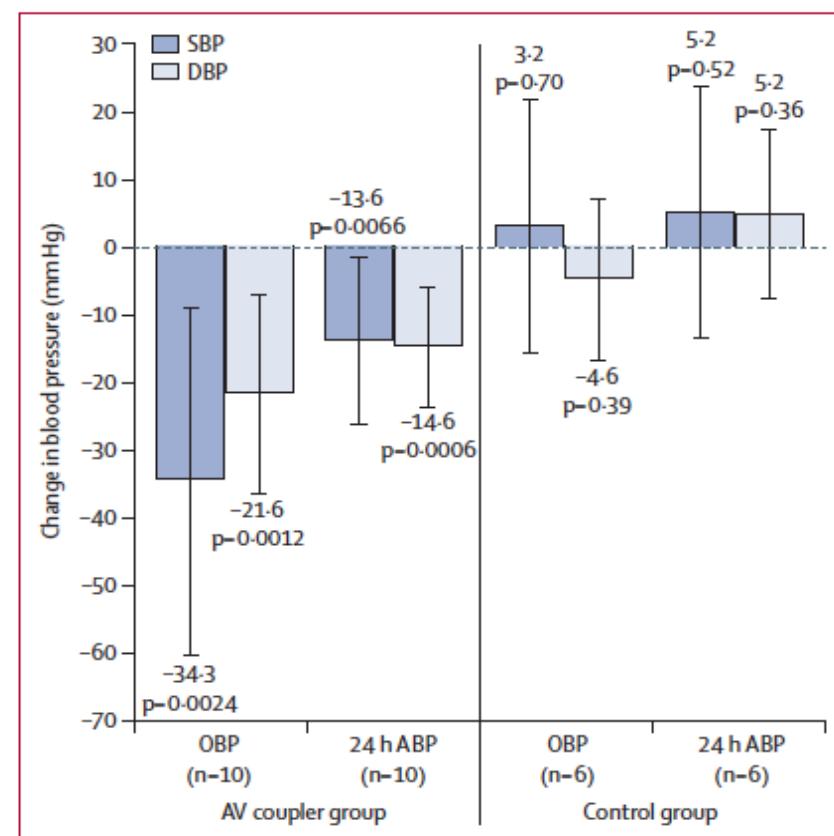
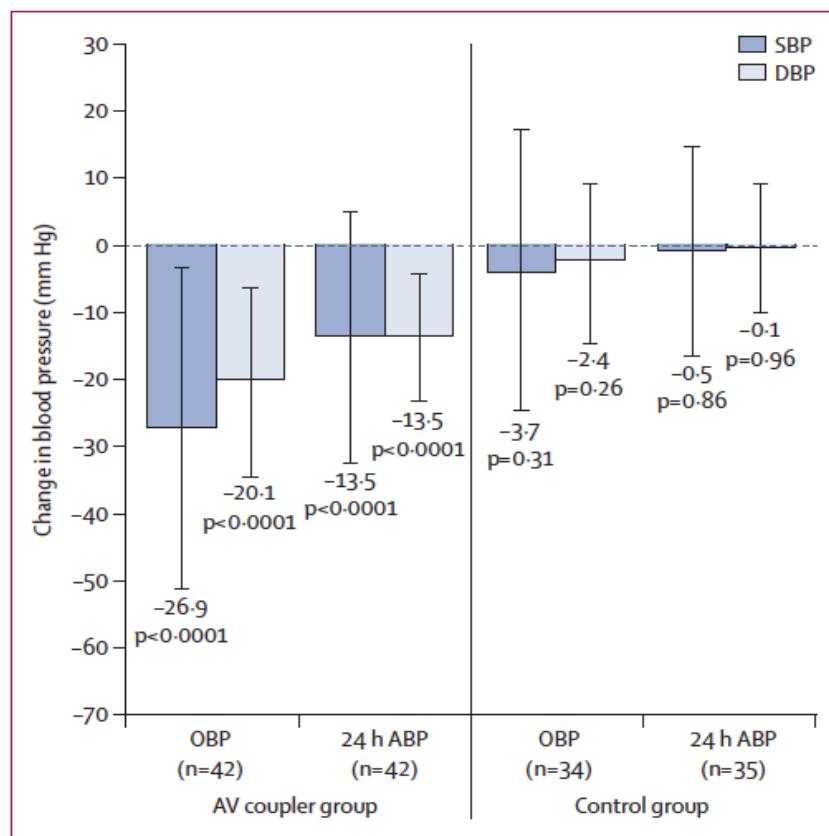


↑ arterial compliance  
↓ reflected pulse wave  
↓ effective arterial volume

↑ tissue oxygen delivery  
→ ↓ chemoreceptor activity  
→ ↓ sympatho-excitation due to  
cerebral / renal hypoperfusion  
→ ↓ sodium and water retention

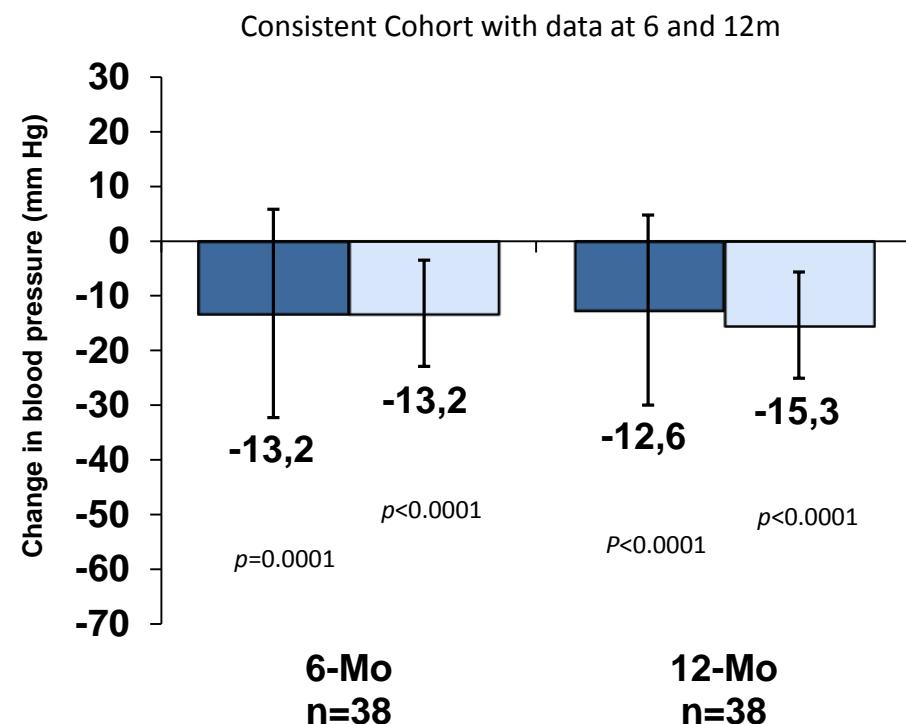
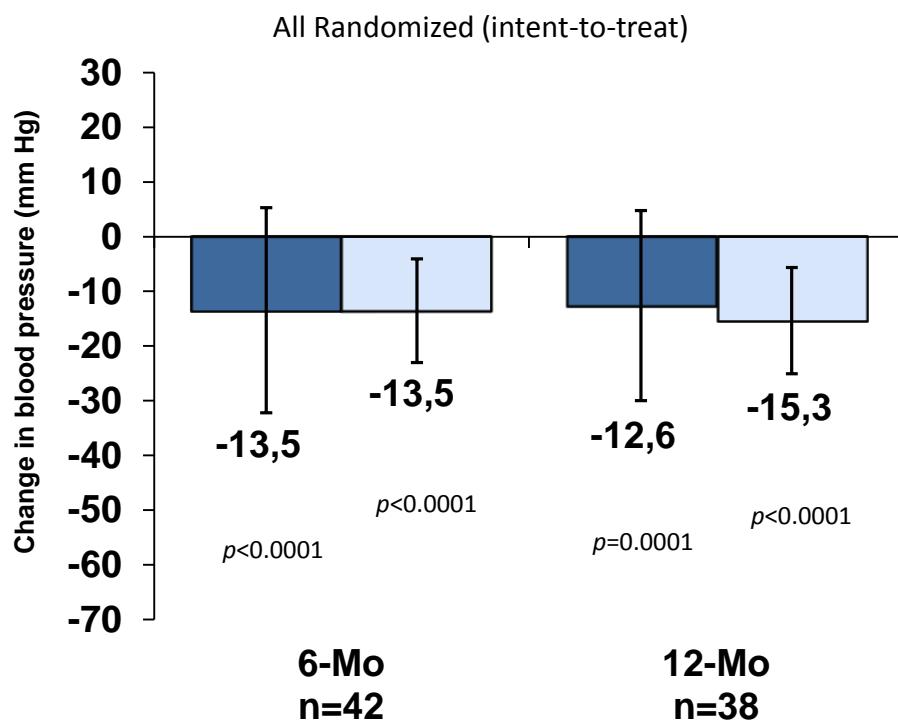
# Efficacy

## Central arteriovenous anastomosis for the treatment of patients with uncontrolled hypertension (the ROX CONTROL HTN study): a randomised controlled trial



# Mid Term - Efficacy

■ Systolic BP  
■ Diastolic BP



## Change in 24-hr ABPM at 6 and 12 Months

# Mid Term - Safety

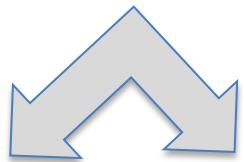
## Procedural complication

Arterial deployment*	3 (7·1%)
Intimal dissection iliac artery	1 (2·4%)
Transient bradycardia	1 (2·4%)
Contrast reaction	1 (2·4%)
Urinary retention	1 (2·4%)
Anaemia	1 (2·4%)
Transient or localised pain	2 (4·8%)
Nausea or lethargy	1 (2·4%)
Deep venous thrombosis	1 (2·4%)
Lower limb pain	1 (2·4%)

## Device-related event

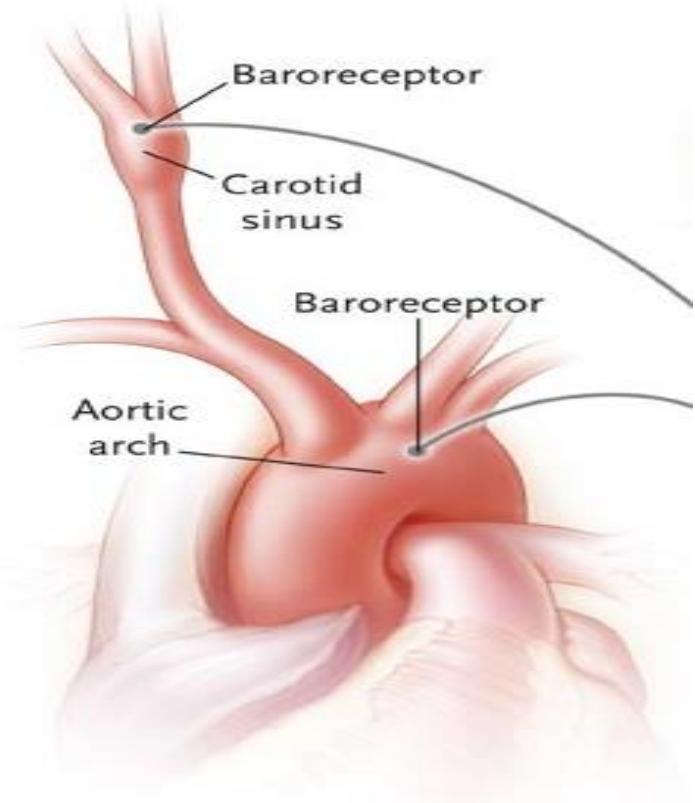
Venous stenosis	12 (28·6%)
-----------------	------------

# Baroreflex

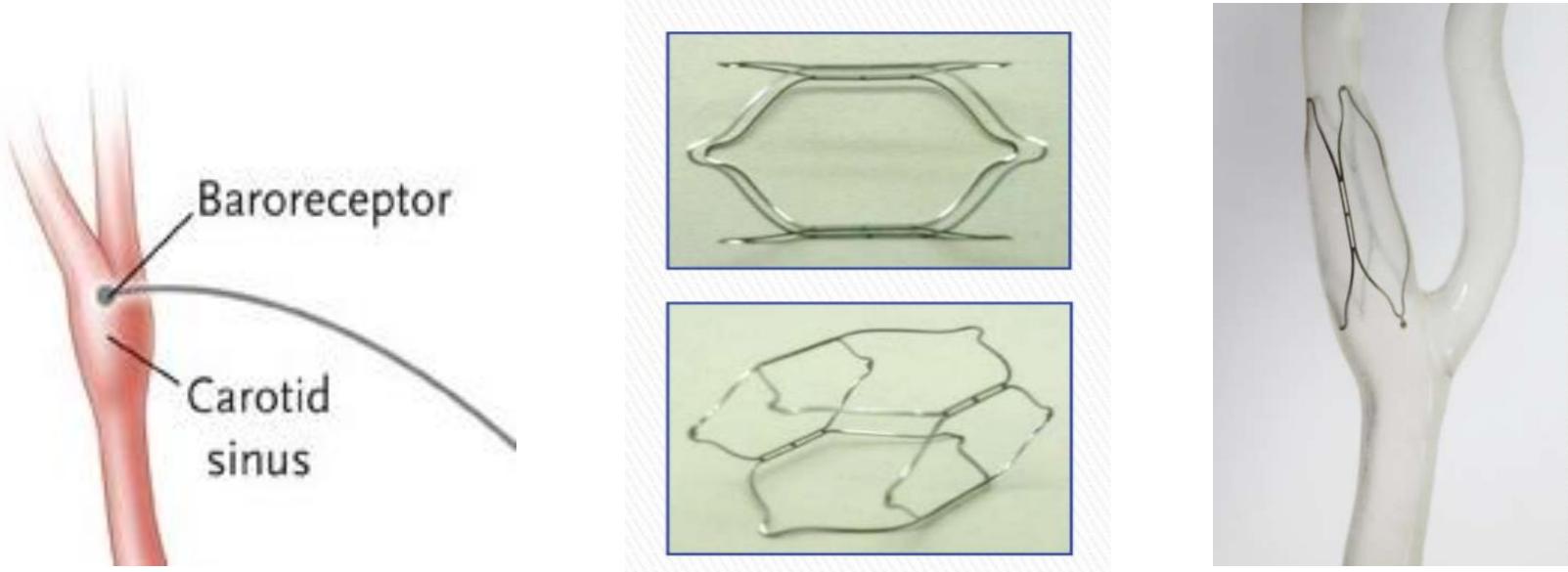


Baromodulation

Barostimulation



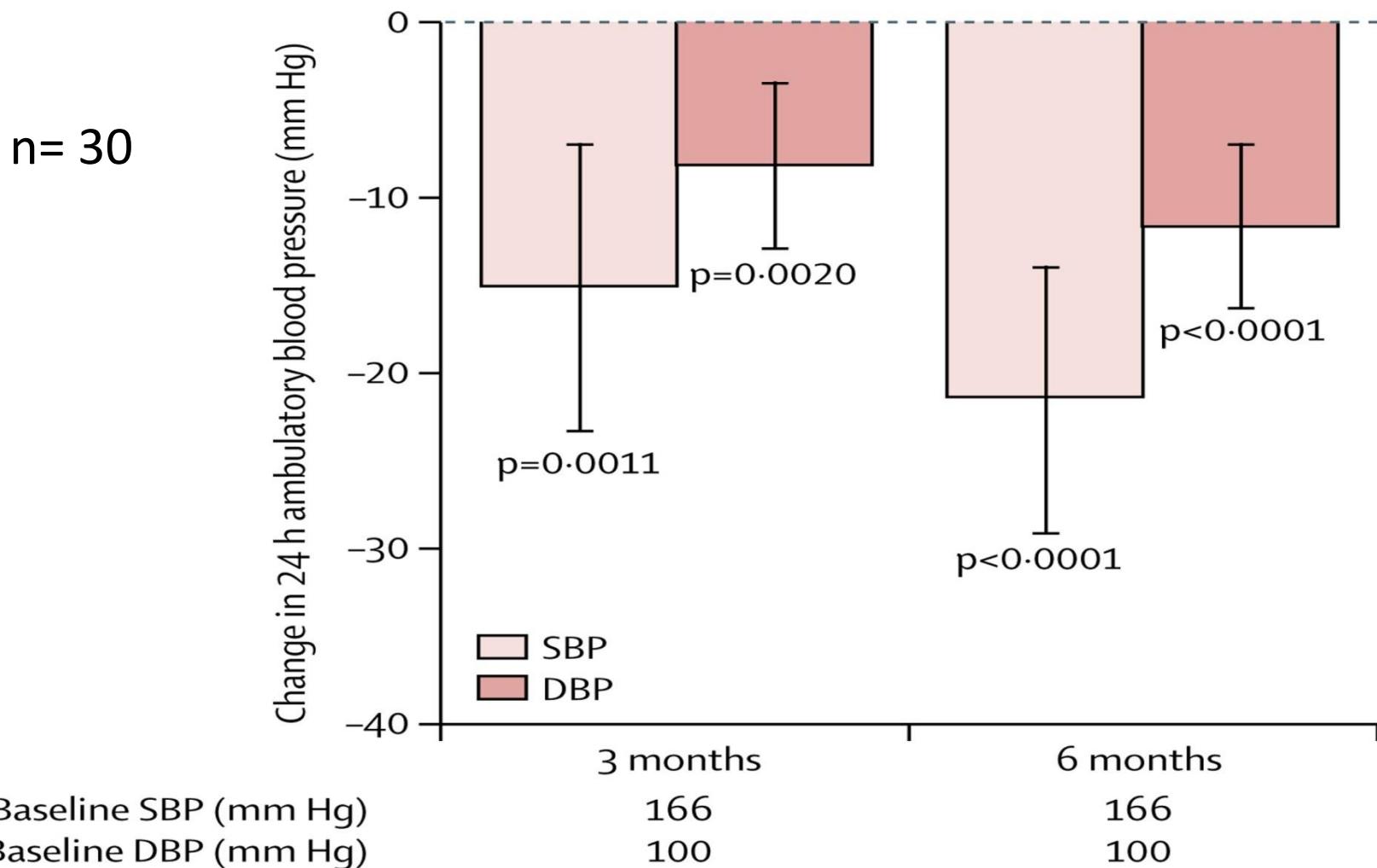
# Modulation du Barorecepteur



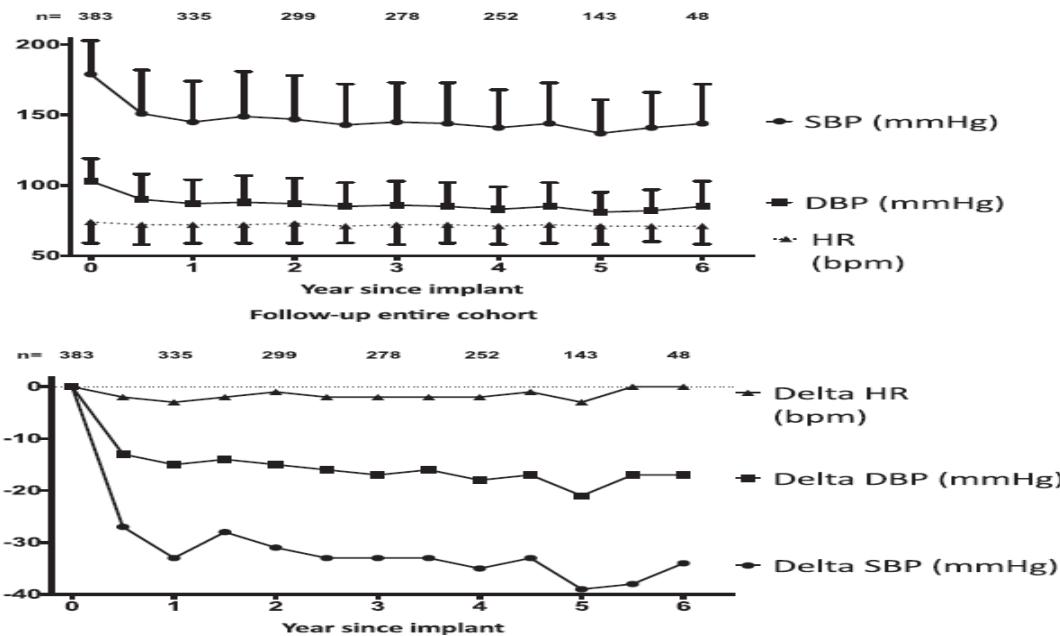
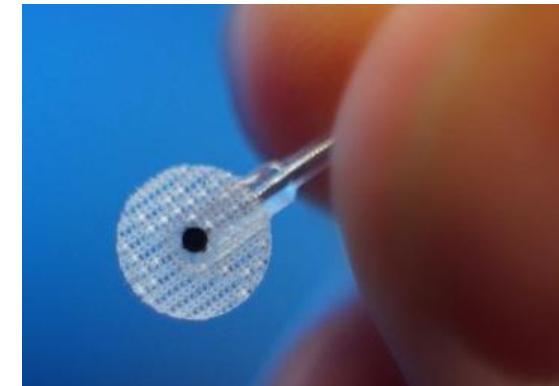
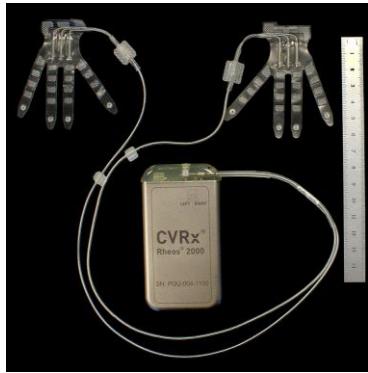
Mobius HD



# CALM – FIM Study (Safety)



# Stimulation du Barorecepteur



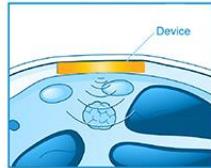
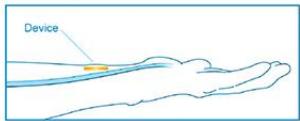
# Autre thérapie ...

## AORTIC BARORECEPTEUR STIMULATION

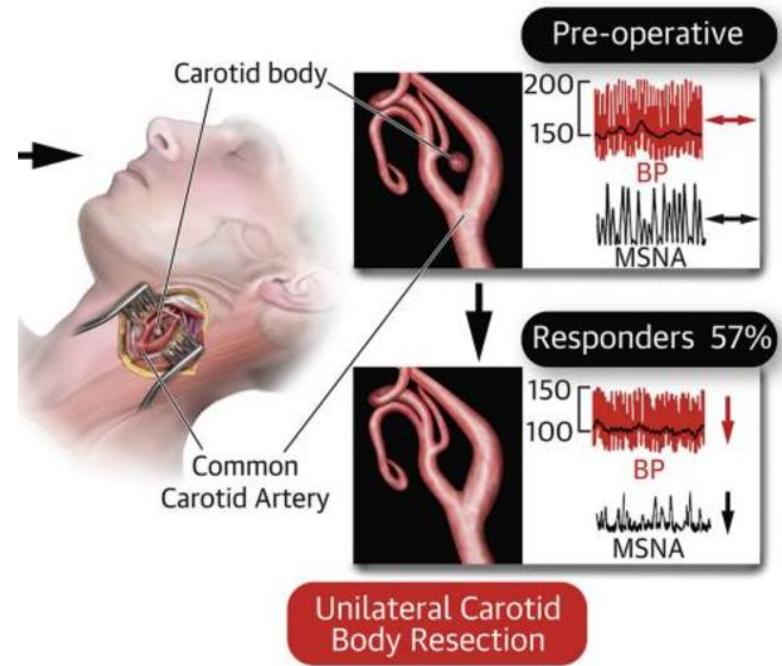


## DEEP BRAIN STIMULATION

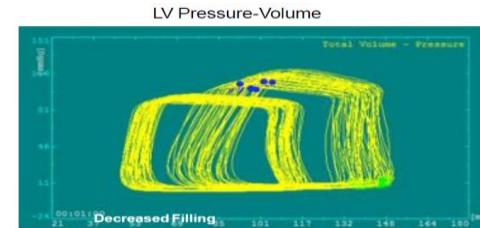
## ELECTROSTIMULATION



## CAROTID BODY ABLATION



## SHORT AV PACING



Atrial pacing versus AV sequential pacing, with short AV interval (40ms).  
Acute Porcine Model

## 2018 ESC/ESH Guidelines for the management of arterial hypertension

### Device-based therapies for hypertension

Recommendation	Class <sup>a</sup>	Level <sup>b</sup>
<p>Use of device-based therapies is not recommended for the routine treatment of hypertension, unless in the context of clinical studies and RCTs, until further evidence regarding their safety and efficacy becomes available.<sup>367,368</sup></p>	III	B

# Conclusion

Reduction de 7.7 mmhg SOBP

=

Reduction 20% Evenement CV

Retour au stade de recherche clinique

Dynamique constructive - Nombreuses interrogations