

## ANALYSER ET TRAITER LES LÉSIONS CORONAIRES CALCIFIÉES

### Caractériser les calcifications coronaires : les outils indispensables

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## Déclaration de liens d'intérêt potentiels

**Intervenant : Nicolas Amabile, Paris**

- Je déclare les liens d'intérêt potentiels suivants :
- **Consulting : Abbott Vascular, Boston Scientific, Shockwave Medical**
  - **Proctoring: Abbott Vascular, Boston Scientific**
  - **Bourses de Recherche: Abbott Vascular, Fonds Montsouris**

## The Cinefluorographic Detection and Recording of Calcifications Within the Heart

Results of 803 Examinations

JOSEPH JORGENS, M.D., Ph.D.,<sup>1</sup> NORMAN BLANKENHORN, M.D.,<sup>2</sup> and M. F. OLIVER, M.D., F.R.C.P.E., M.R.C.P.

IN THE PAST, many different methods have been employed for demonstrating calcifications within the heart, including roentgenography (1-4), roentgen kymography (5), and planigraphy (6). Each of these has definite limitations. Over the last two years there have been performed in the Veterans Administration Hospital, Minneapolis, Minn., 803 cinefluorographic examinations for this purpose, and it is the authors' opinion that cinefluorography is now the method of choice for detecting and localizing cardiac calcification.

In the diagnosis, treatment, and prognosis of cardiac disease (7), the detection



coronary artery in 58. In 20 cases the right coronary artery was calcified without

The Lancet · Saturday 25 April 1964

### DETECTION OF CORONARY-ARTERY CALCIFICATION DURING LIFE

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CALCIFIED lesions of the coronary arteries were one of the earliest abnormalities of these vessels to be recorded. Calcification was described by Bellini in Italy in 1643, and by Thebesius in Germany in 1686. John Hunter (1773) was the first to undertake a postmortem on a man "who had died in a violent transport of anger" and who had previously had angina of effort. He found calcification in the coronary arteries, "the two coronary arteries, from their origin to many of their ramifications upon the heart, are become one piece of bone".

The first radiographs of calcified coronary arteries were published in 1908 by Simmonds, who studied hearts noted at autopsy. Blankenhorn and Stern (1959), who had in 45% of excised hearts showed calcification, classified the types of the calcification into three radiographic patterns:

been confirmed at necropsy. These authors used a Potter-Bucky diaphragm with a short exposure time, and they emphasised the need for correct positioning for visualisation of the coronaries. Of a series of patients investigated by Hobbe and Wright (1950), 3% showed coronary calcification. According to these authors, the significance of calcified coronary arteries has to be evaluated on an individual basis: the younger the patient, the more important the finding.

The present paper describes an investigation of cardiac calcification in 250 patients with ischaemic heart-disease and 250 control subjects matched for age and sex. The radiological techniques used are described, and the incidence of calcification detected during life by these means is documented.

#### The Subjects

250 patients with ischaemic heart-disease were compared with 250 control patients matched for age and sex. All those with ischaemic heart-disease had electrocardiographic evidence of myocardial infarction or of myocardial ischaemia at rest or after an exercise test using the standard Master two-step test. In all subjects blood-pressure was read after 5 minutes' sitting in a chair, blood was taken for serum-cholesterol estimation, and an electrocardiogram was obtained. Serum-cholesterol was estimated by the method of Jurand and Albert-Reich (1962).

Most of the controls were patients attending a general medical outpatient department with such conditions as fibrositis, headaches, varicose veins, dyspepsia, and various non-specific complaints for which no obvious organic cause was apparent. The remaining controls were orthopaedic outpatients, in-patients admitted for a non-cardiac cause (and with no evidence of cardiovascular disease), and healthy members of the staff. Control subjects with diastolic blood-pressure over 100 mm. Hg, systolic blood-pressure over 160 mm. Hg, or serum-cholesterol over 275 mg. per 100 ml. were excluded.

**MODERATE**

**SEVERE**

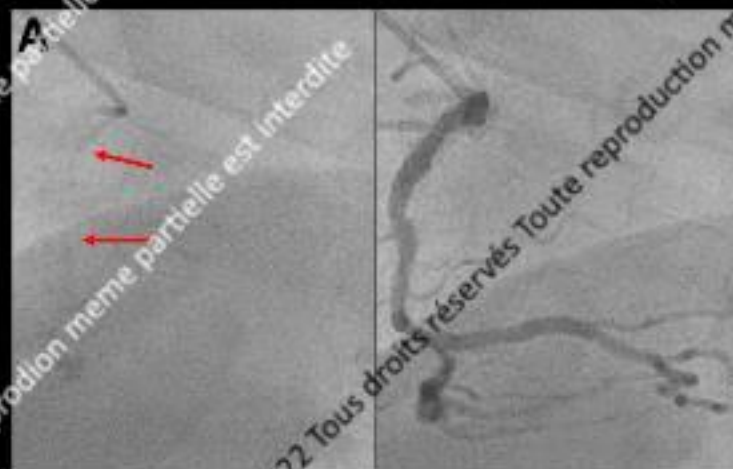
Handwritten text in the SEVERE panel, possibly a signature or initials, consisting of several loops and strokes.

# CLASSIFICATION OF CALCIFIED LESIONS SEVERITY ON CORONARY ANGIOGRAPHY

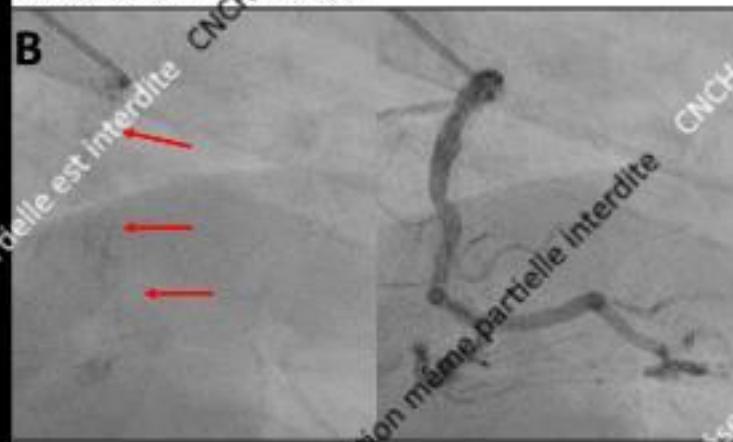
- Moderate : lesion with radio-opacities noted only during the cardiac cycle before contrast dye injection
- Severe: lesion with radio-opacities seen without cardiac motion before contrast dye injection, visible on both sides of the arterial lumen



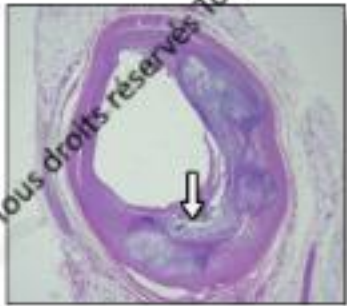
# HOW TO IMPROVE CALCIUM DETECTION ON ANGIO : INCREASED IMAGE FREQUENCY ?



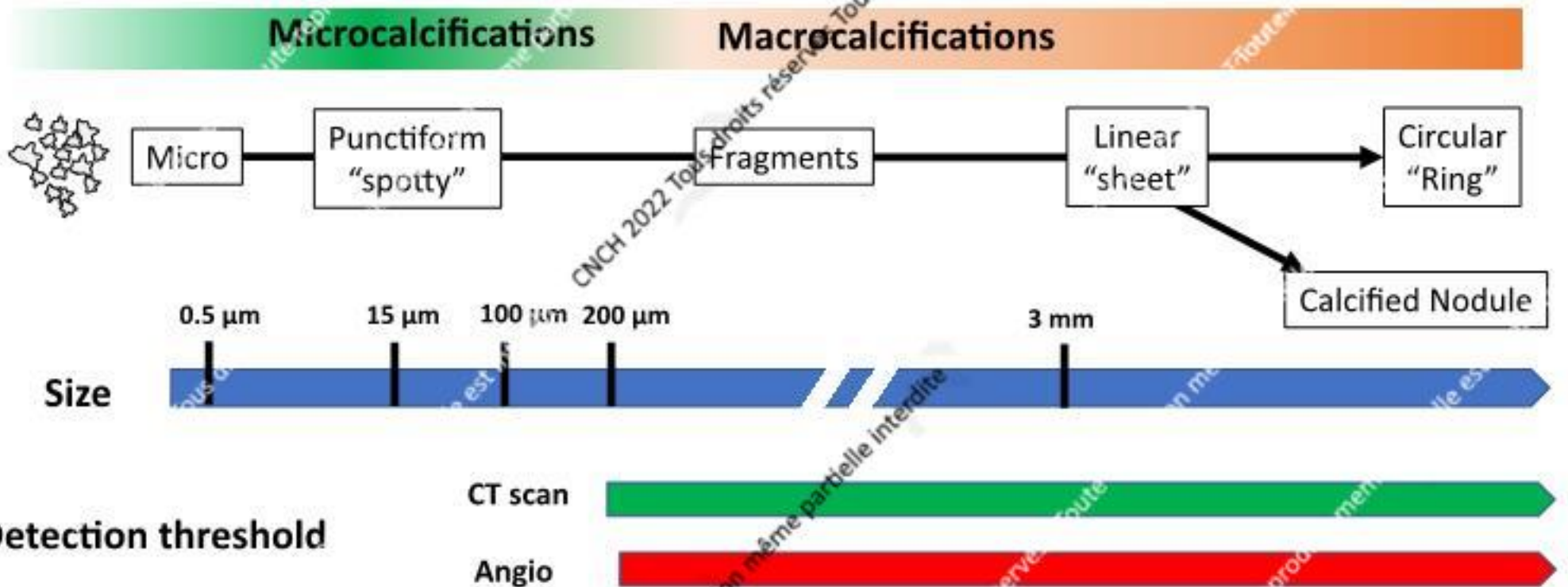
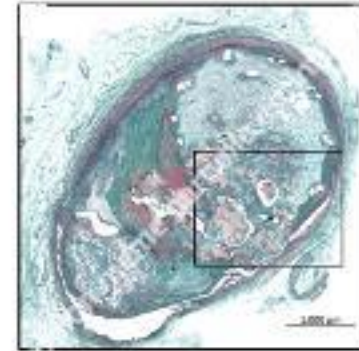
Acquisition: 7.5 images/s



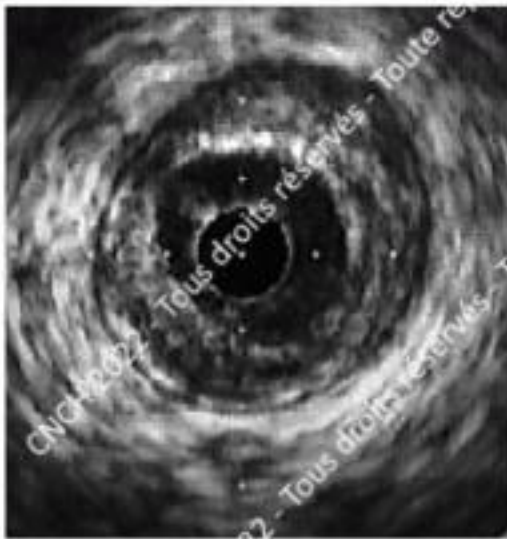
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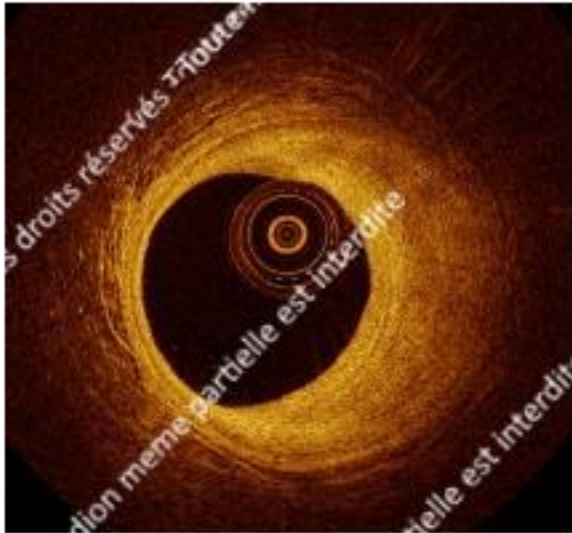
Coronary angiography lacks sensitivity !!



# Better calcifications identification → Intra coronary imaging ?



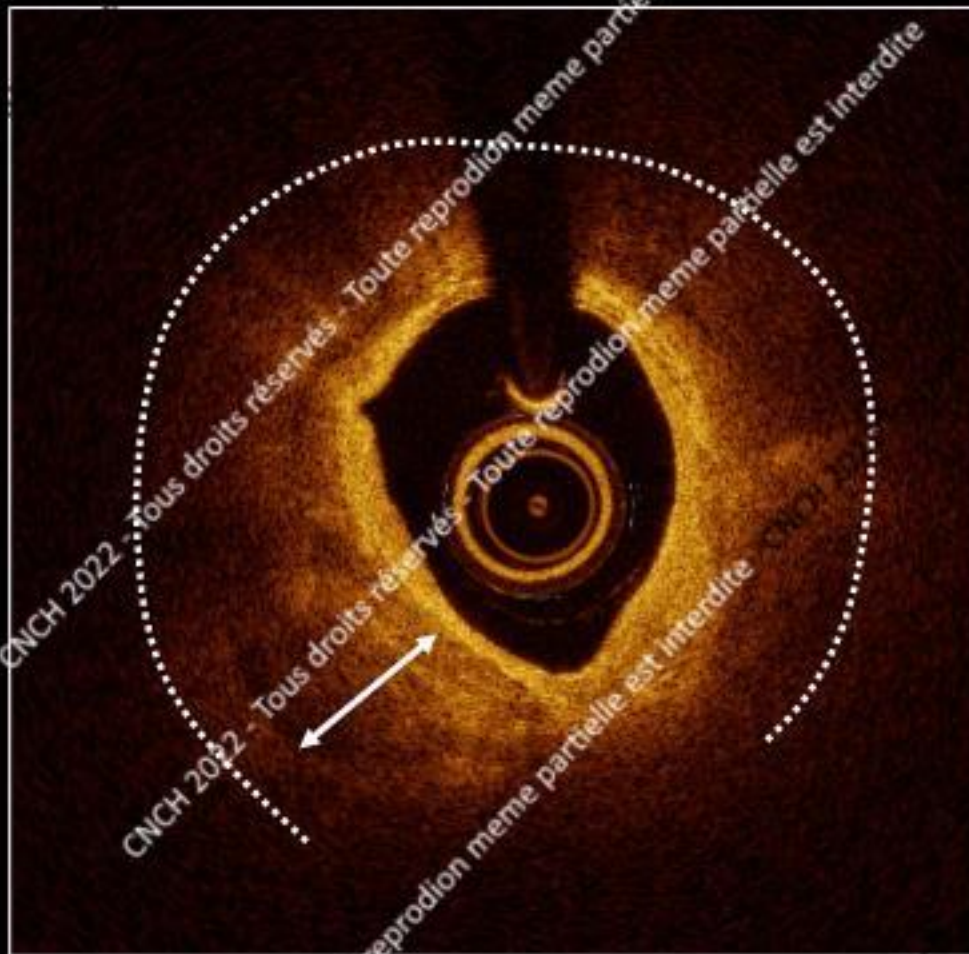
IVUS ?



OCT ?



## Intra coronary calcification identified by OCT

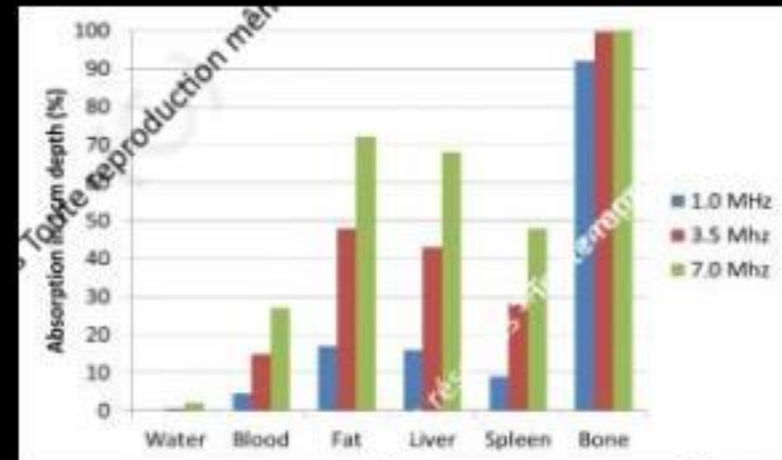
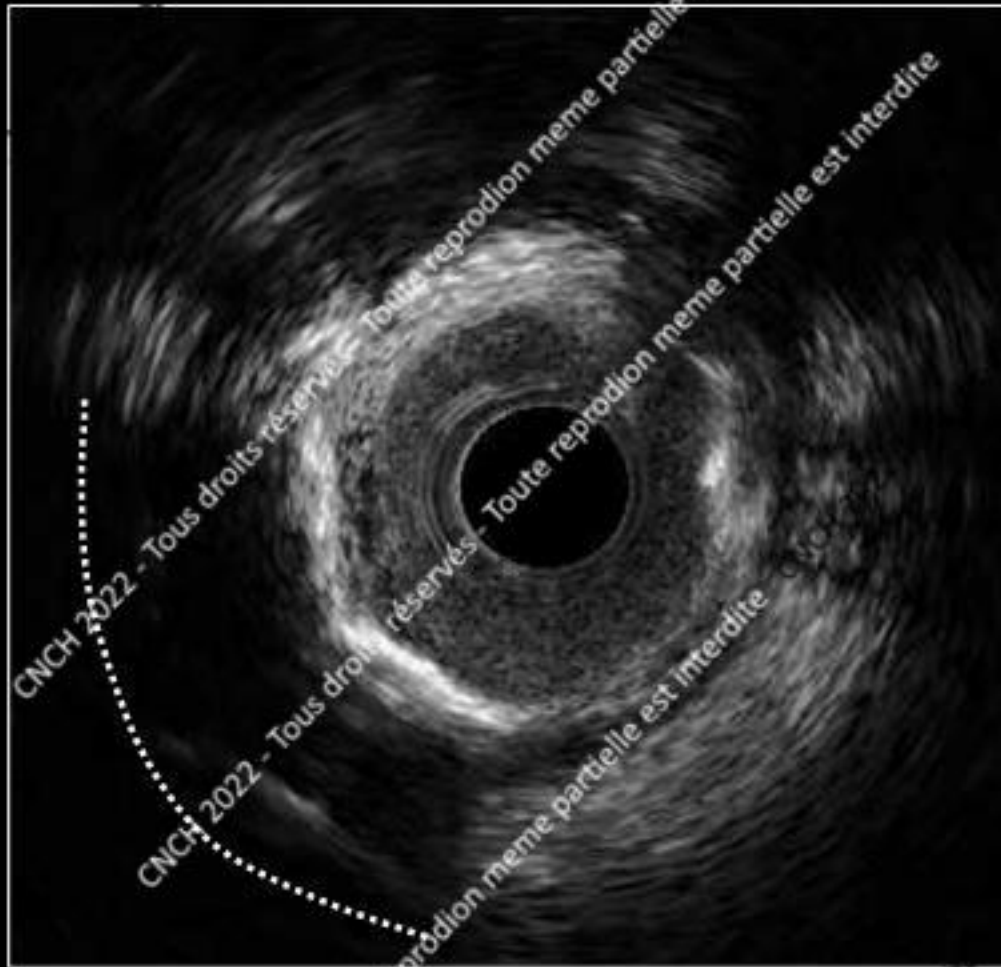


Plaque Type	Backscattering ( $\text{mm}^{-1}$ )	Attenuation ( $\text{mm}^{-1}$ )
<b>Calcium</b>	$4.9 \pm 1.5$	$5.7 \pm 1.4$
<b>Fibrous</b>	$18.6 \pm 6.4$	$6.4 \pm 1.2$
<b>Lipid</b>	$28.6 \pm 8.9$	$13.7 \pm 4.5$

*Signal strength*                      *Light loss*

- Subintimal hyporeflective image with sharp borders
- Moderated backscattering
- Limited signal attenuation

## Intra coronary calcification identified by IVUS



- Bright hyperreflective image
- Underlying signal void due to US attenuation « acoustic shadowing »

## Calcification morphology assessed by IC imaging



**Spotty**

**Eccentric**

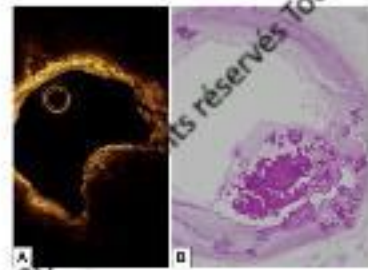
**Concentric**



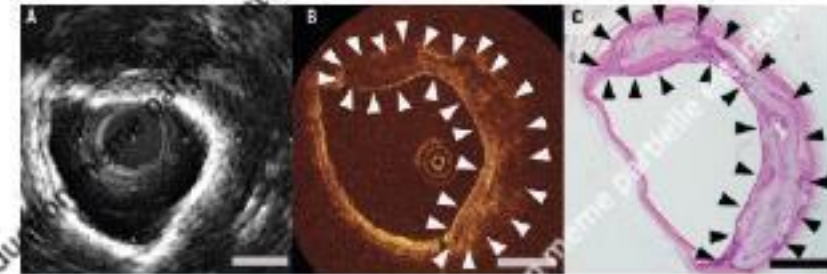
# Calcification morphology assessed by IC imaging : calcified nodule







## IVUS & OCT for calcifications: Validation with pathology



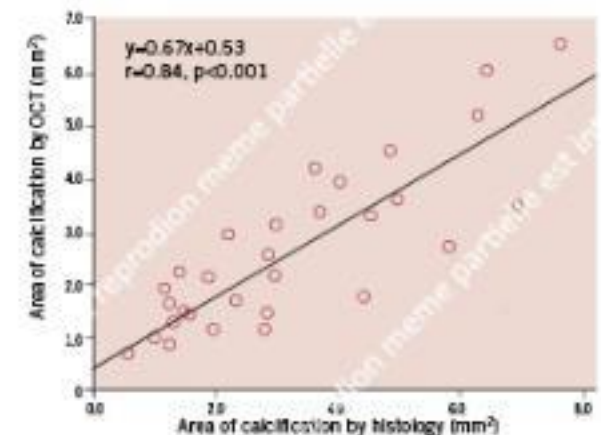
**Table 3.** Assessment of IB-IVUS and Conventional IVUS for Plaque Characterization

	Sensitivity	Specificity	PPV	NPV
<b>OCT</b>				
CL (n = 7)	100 (98-100)	100 (98-100)	100 (98-100)	100 (98-100)
FI (n = 88)	98 (95-100)	94 (89-99)	98 (95-100)	94 (89-99)
LP (n = 19)	95 (85-100)	98 (92-100)	90 (77-100)	96 (99-100)
IH (n = 7)	86 (60-100)	100 (98-100)	100 (98-100)	99 (98-100)
<b>IB-IVUS</b>				
CL (n = 7)	100 (99-100)	99 (92-100)	88 (66-100)	100 (99-100)
FI (n = 82)	94 (89-99)	84 (76-92)	94 (89-99)	84 (76-92)
LP (n = 19)	84 (68-100)	97 (83-100)	84 (68-100)	97 (83-100)
IH (n = 6)	67 (40-100)	99 (91-100)	80 (48-100)	99 (91-100)
<b>Conventional IVUS</b>				
CL (n = 7)	100 (99-100)	99 (92-100)	88 (64-100)	100 (99-100)
FI (n = 80)	93 (87-99)	81 (50-92)	87 (80-94)	74 (67-87)
LP (n = 15)	67 (44-90)	95 (84-100)	67 (47-87)	95 (84-100)

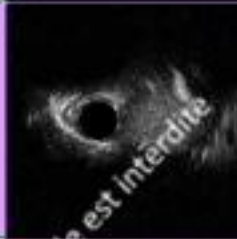
Data are percentages. Number in parentheses are 95% confidence intervals.

NPV = negative predictive value; PPV = positive predictive value; other abbreviations as in Tables 1 and 2.

	OCT (n=32)	IVUS (n=32)	Histology (n=32)	p
Lumen CSA (mm <sup>2</sup> )	5.3±2.0	5.4±2.6	4.7±2.3	0.361
Arc of calcification (°)	169±98	162±95	163±93	0.999
Area of calcification (mm <sup>2</sup> )	2.7±1.5	1.3±1.0 <sup>†</sup>	3.0±1.9	<0.001
EEM CSA (mm <sup>2</sup> )		14.7±4.1	13.2±3.7	0.133
Plaque plus media CSA (mm <sup>2</sup> )		9.3±2.4	7.6±2.9	0.011
Plaque burden (%)		64±9	58±18	0.071



## IVUS



### Pros:

- No Contrast use
- Deep calcification assesment
- Excellent sensitivity & specificty

### Limitations:

- Accoustic shadowing
- Limited microcalcifications assessment
- Calcium thickness assessment
- Calcium area measurement

## OCT



### Pros:

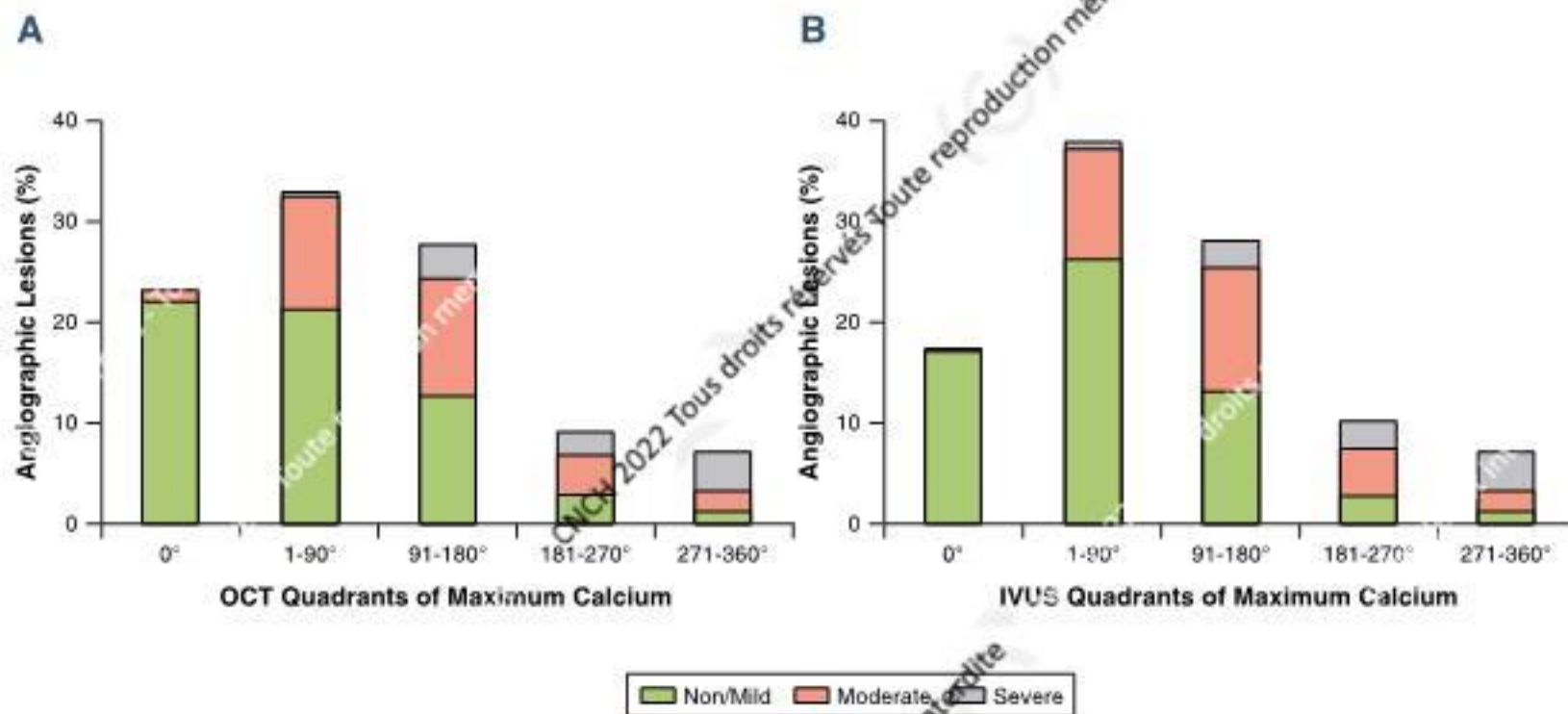
- Fast
- Excellent spatial resolution
- Excellent sensitivity & specificty

### Limitations:

- Mixed plaque with large lipid pool (false neg.)
- Deep calcifications assessment
- No plaque burden assessment
- Contrast use

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# Coronary calcifications : IVUS vs. OCT



(A) Coronary angiography detected 35% of 1-quadrant calcium, 55% of 2-quadrant calcium, 70% of 3-quadrant calcium, and 84% of 4-quadrant calcium seen by OCT.  
(B) Coronary angiography detected 31% of 1-quadrant calcium, 54% of 2-quadrant calcium, 75% of 3-quadrant calcium, and 83% of 4-quadrant calcium seen by IVUS.  
Abbreviations as in Figure 1.



# IVUS / OCT / Angio for Ca<sup>2+</sup> diagnosis , in brief...

- Calcifications are identified in 35-40 % of cases by angio
- Severe calcifications are identified in 12% of cases by angio
- Calcifications are identified in 75-80% % by IC imaging
- IVUS and OCT performances are comparable for calcifications identification
- Angio severity is poorly correlated with radial extent
- Angio severity is modestly correlated with calcium thickness and length



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# Use of ICI in daily practice for calcified lesion management

reproduction même partielle interdite

# **Use of ICI in daily practice for calcified lesion management**

**1. High risk lesions identification**

**2. Preparation planning**

**3. Results evaluation**

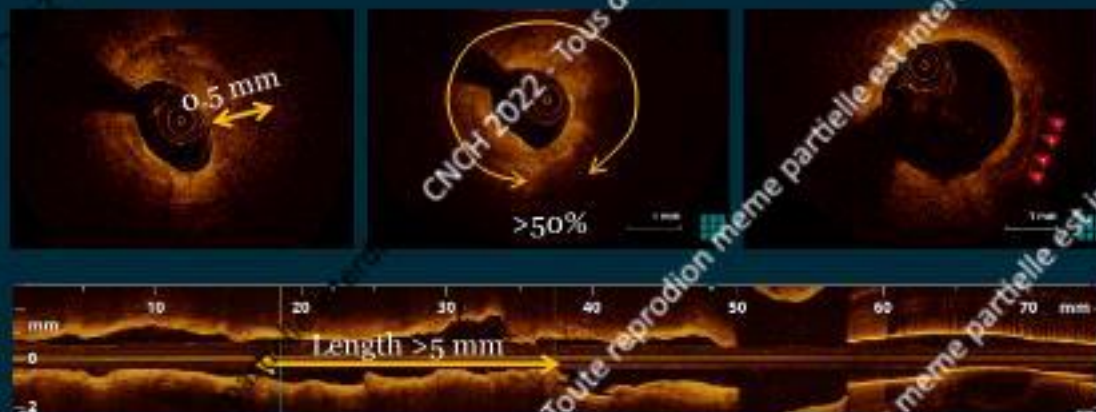
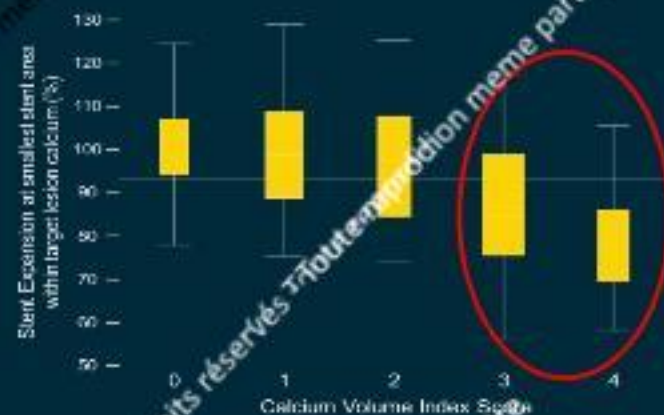
# Influence of Ca<sup>2+</sup> on Stent Expansion by OCT

## OCT-Based Calcium Volume Index Score<sup>1</sup>

1. Maximum Calcium Angle (°)	<ul style="list-style-type: none"> <li>≤ 90° ▶ 0 point</li> <li>90° &lt; Angle ≤ 180° ▶ 1 point</li> <li>&gt; 180° ▶ 2 points</li> </ul>
2. Maximum Calcium Thickness (mm)	<ul style="list-style-type: none"> <li>≤ 0.5 mm ▶ 0 point</li> <li>&gt; 0.5 mm ▶ 1 point</li> </ul>
3. Calcium Length (mm)	<ul style="list-style-type: none"> <li>≤ 5.0 mm ▶ 0 point</li> <li>&gt; 5.0 mm ▶ 1 point</li> </ul>
<b>Total score</b>	<b>0 to 4 points</b>

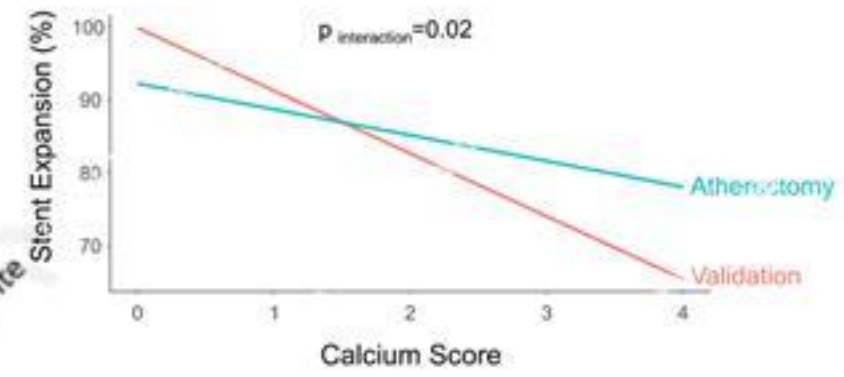
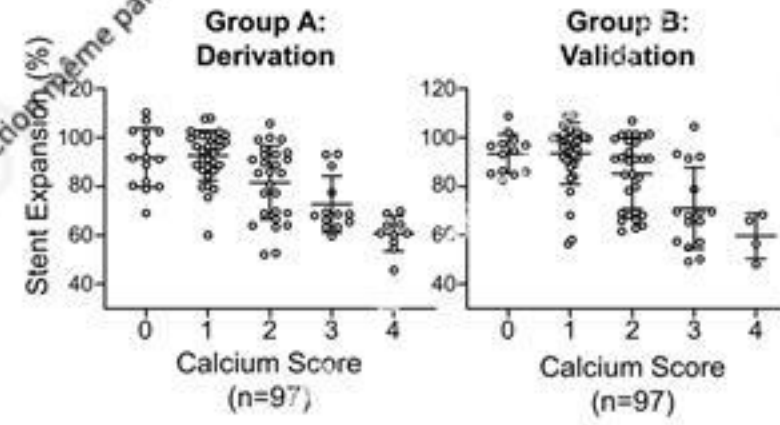
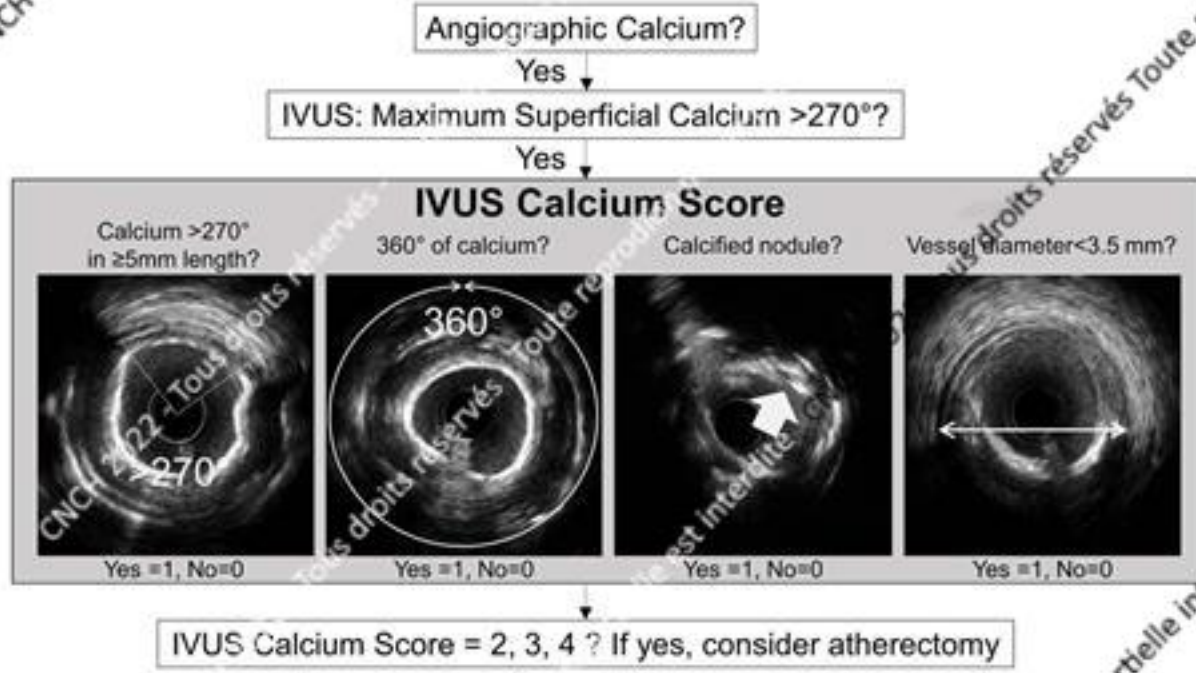
## Rule of 5's

- 0.5 mm thickness
- 5.0 mm long
- 50% vessel arc



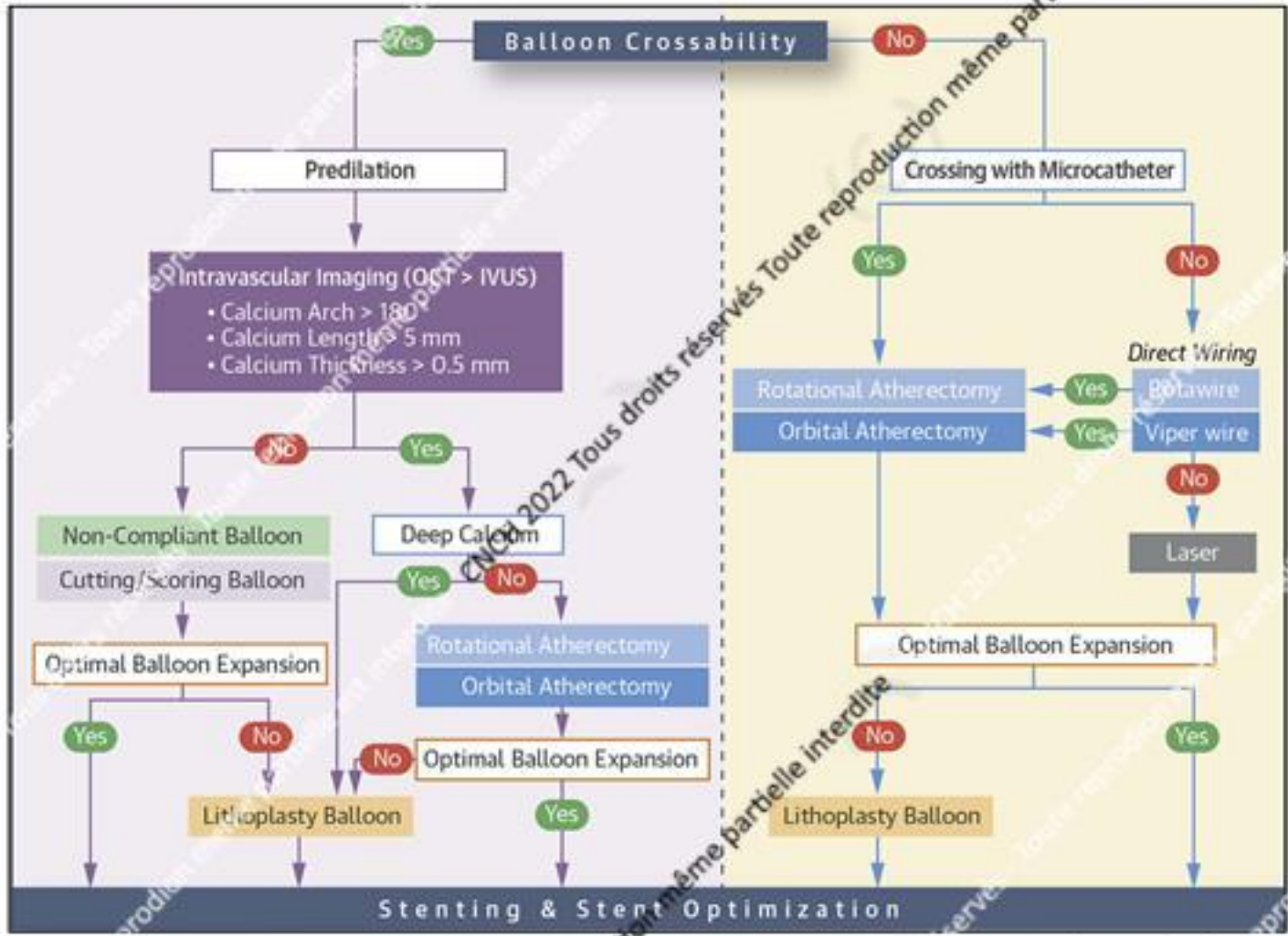
ORIGINAL ARTICLE

# Intravascular Ultrasound-Derived Calcium Score to Predict Stent Expansion in Severely Calcified Lesions



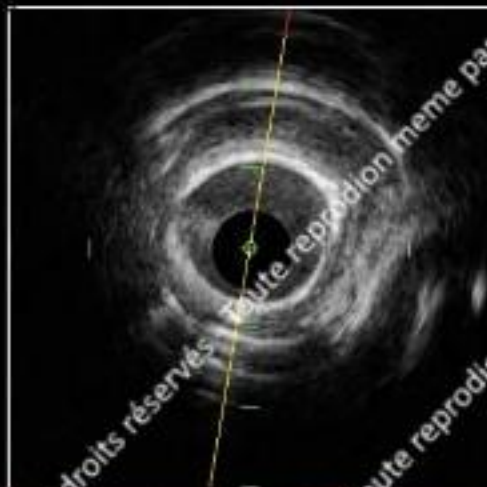


# ICI guidance for plaque preparation : potential algorithm

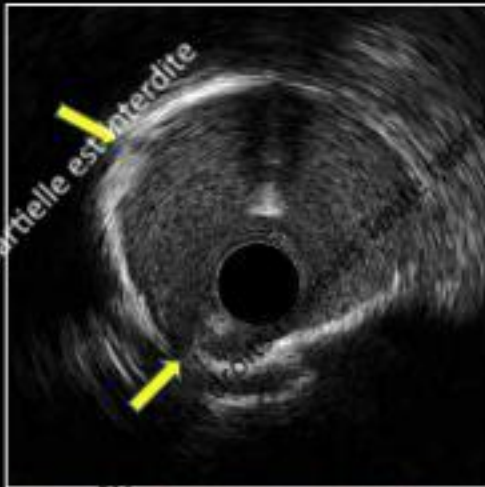


## Plaque preparation results assessed by IC imaging

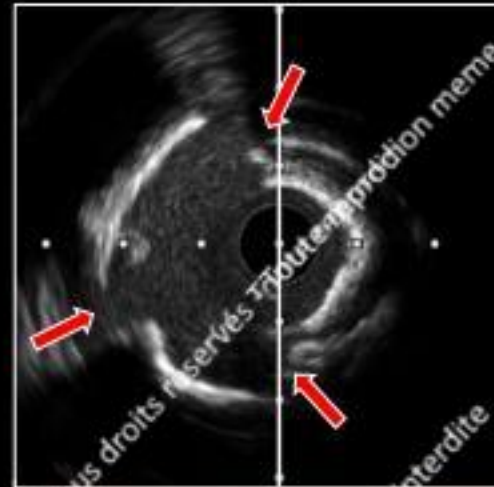
Post Rotational atherectomy



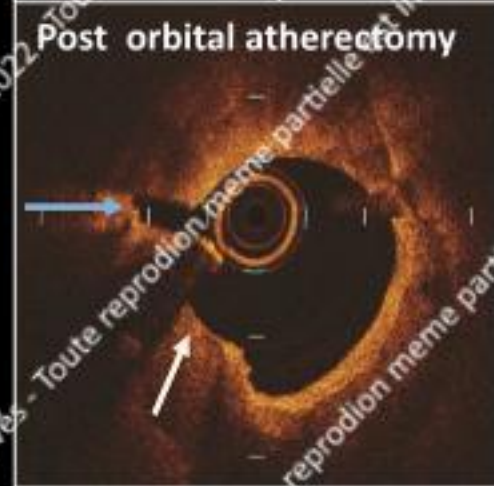
Post IV lithotripsy



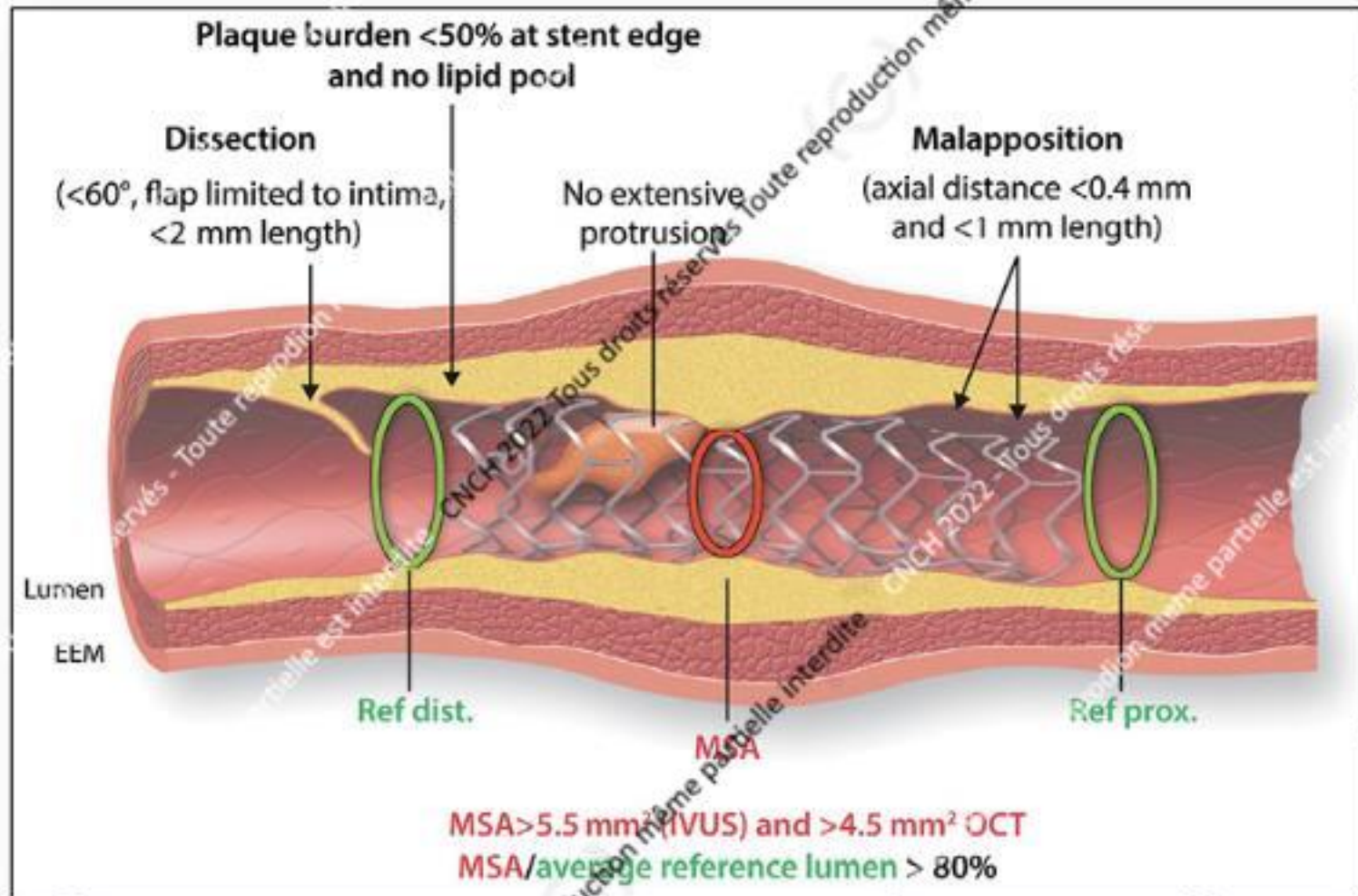
Post cutting balloon



Post orbital atherectomy



# Post stenting assessment : EAPCI criteria for optimal PCI

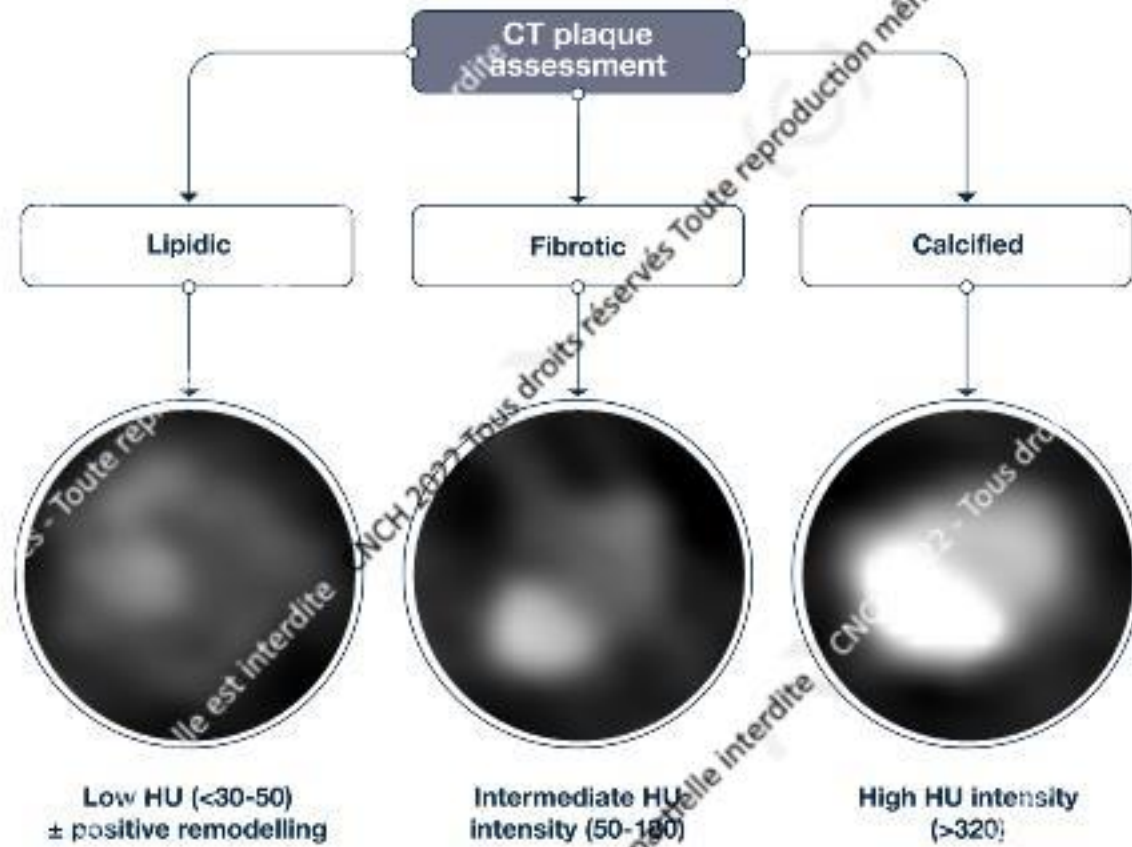




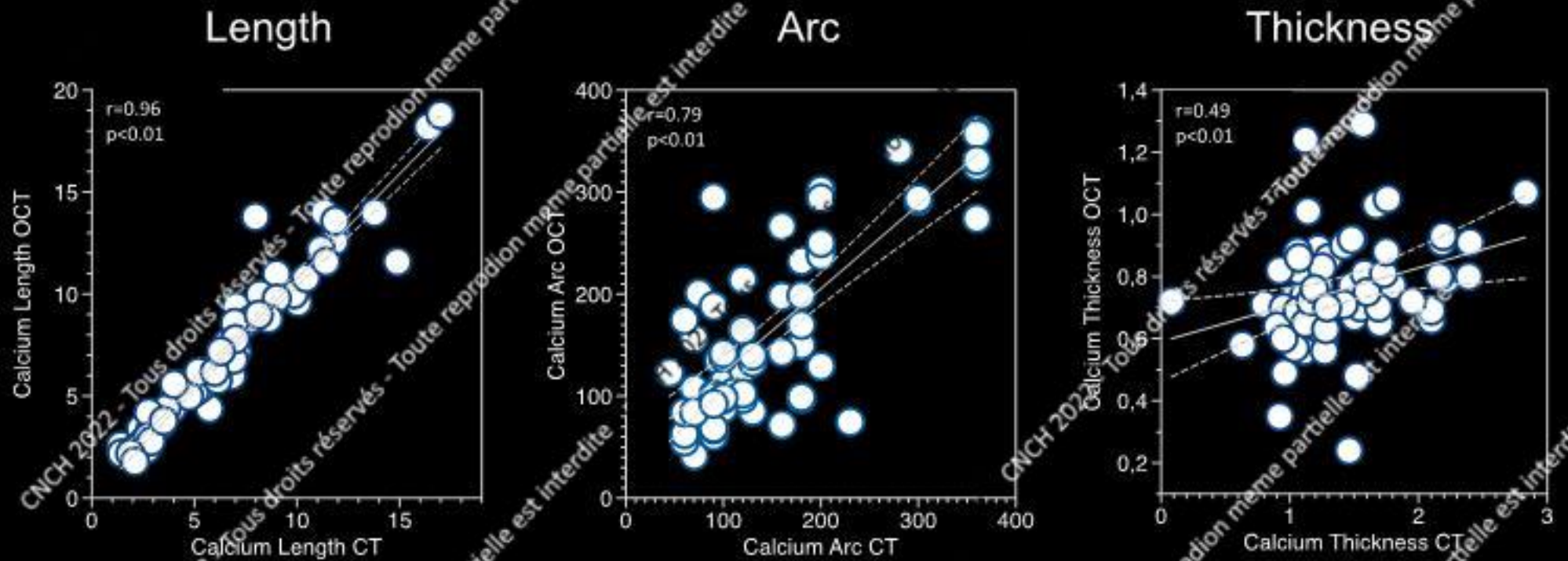
**At last, but not least...**



# Coronary CT Plaque Characterisation



# Calcium: Coronary CT versus OCT



# CT-guided PCI in Calcific Lesions



Lumen area 7.9mm<sup>2</sup>  
Lumen diameter 3.2mm  
Vessel diameter 3.8mm

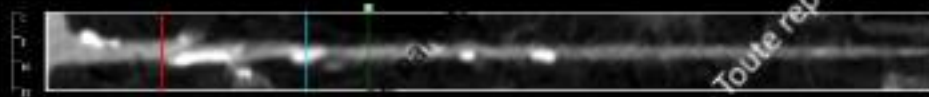


Lumen area 1.0mm<sup>2</sup>  
Lumen diameter 1.1mm  
Vessel diameter 4.1mm



Lumen area 6.3mm<sup>2</sup>  
Lumen diameter 2.8mm  
Vessel diameter 3.1mm

41.4 mm Lesion length



## CT 3D Calcium Map

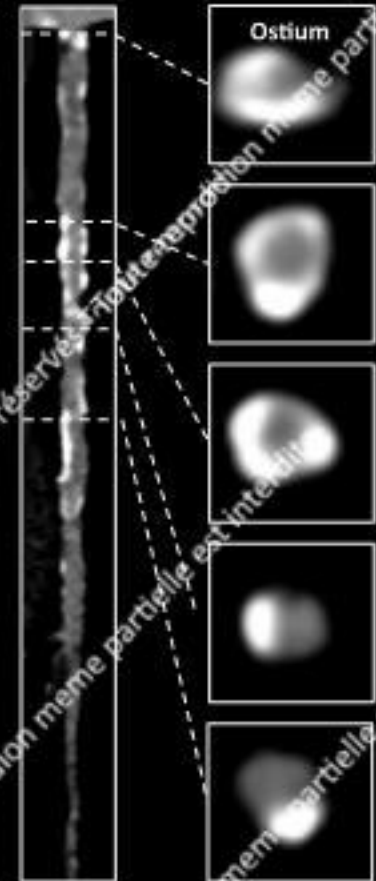
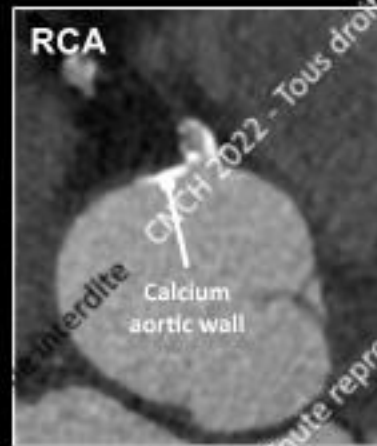
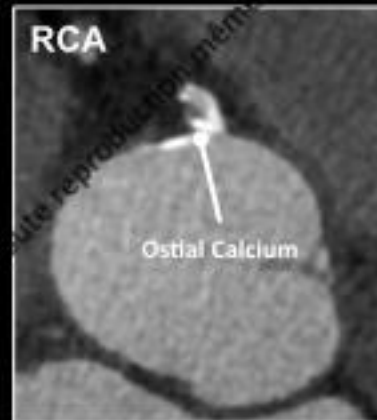




# Coronary CTA: Ostial Disease



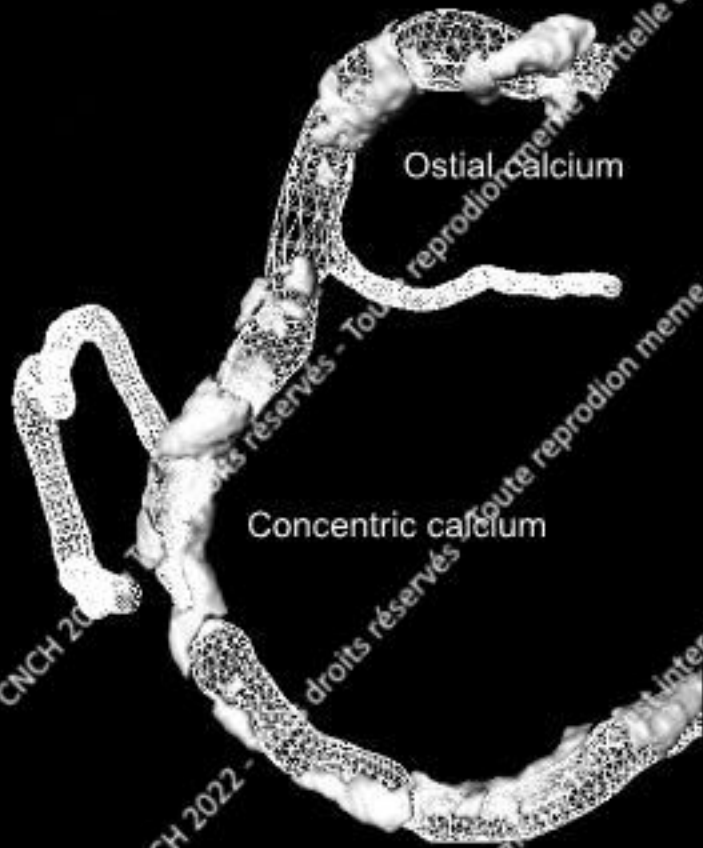
Axial view



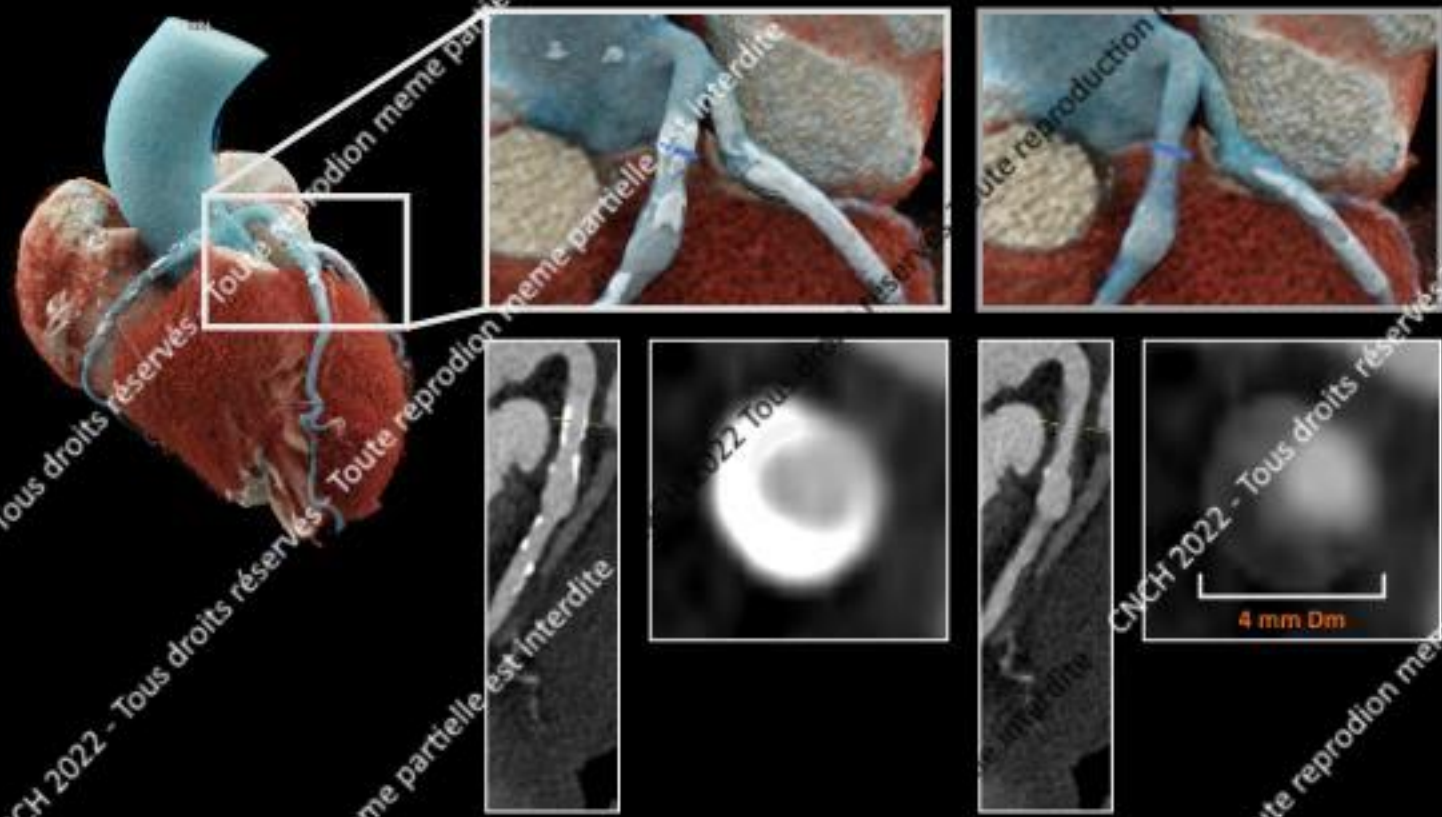
# RCA Ostium



# RCA Ostium

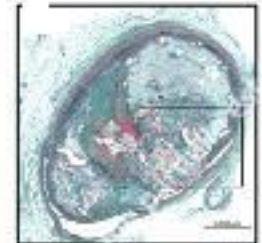


# Photon Counting: Removing the Effect of Calcification



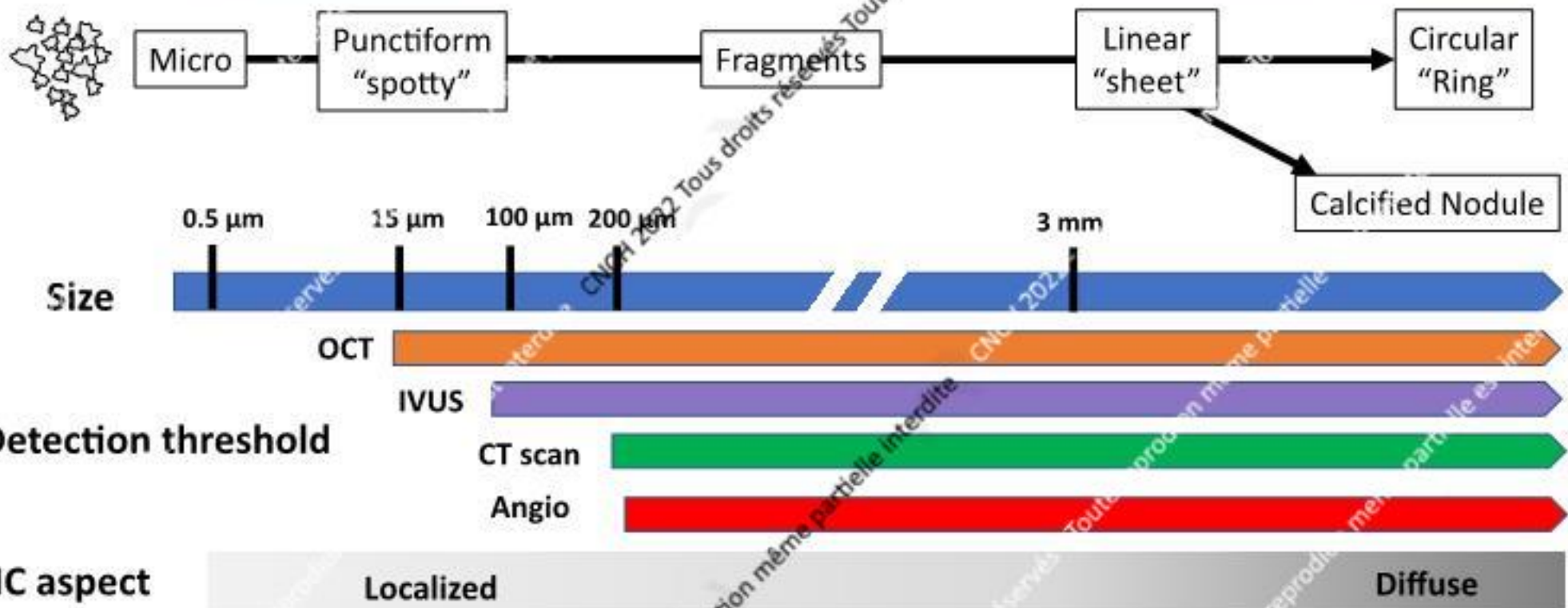



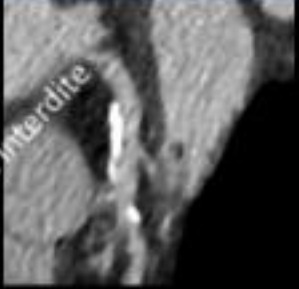
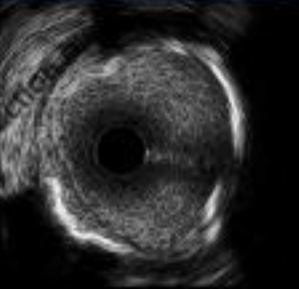

# Final WRAP-UP



Microcalcifications

Macrocalcifications



	Coronary angiography	CT scan	IVUS	OCT
				
Ca <sup>2+</sup> detection threshold	> 220-250 $\mu\text{m}$	> 220 $\mu\text{m}$	>100 $\mu\text{m}$	>10 $\mu\text{m}$
Sensitivity for Ca <sup>2+</sup> detection	+	+++	+++	++++
Calcium location detection	+	+++	+++	++++
Quantification: Ca <sup>2+</sup> thickness		+++	+	+++
Quantification : Ca <sup>2+</sup> radial extension	+	+++	+++	+++

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